

Zooming Into Church School: Sunday May 3rd

Topic: Heroes of the Bible- Ruth

Scripture: Read what our scripture says about Ruth

- The Book of Ruth

These are cartoon videos about Ruth's life:

<https://www.youtube.com/watch?v=irThVpdeSXk>

<https://www.youtube.com/watch?v=XmoHdlEu8Jw>

Family Activities:

As you take part in these activities together feel free to send Roshni pictures of what you created and your time together. With your permission Roshni will share these pictures with our Redeemer community as another way to help us stay connected.

Activity 1: Gleaning and Sorting Grain

In order to survive Ruth worked hard to glean and sort grain. On **page 2** you will find a craft & game to help your family imagine what this is like.

Activity 2: Heroes

We consider Ruth a hero of the bible, but maybe Ruth didn't consider herself a hero. On **page 3** you will find some ways that your family can talk about the heroes in your life and how to show them appreciation.

Activity 3: Colouring & Activity Sheets

On **pages 4-9** feel free to print and complete/colour these activity sheets.

Gleaning & Sorting Grain

In order to survive Ruth gleaned grain from Boaz's field (watch the first video listed in this package to learn what gleaning is). After collecting the grain Ruth would have to separate the seed from the chaff and grind it into flour to make bread!

Below is a craft & game you can do to learn a bit about how Ruth would have gleaned the grain and prepared it!

Craft Materials:

- 1 paper plate
- Construction paper or paper
- Markers/Crayons/Pencil Crayons
- Scissors
- Glue or Tape

Directions:

1. Cut your paper plate in half (this is your basket for collecting grain)- decorate your basket however you like with the materials that you have)
2. Glue or tape your decorated basket to a piece of paper. (Be sure to only glue/tape down the round edges of the paper plate so the straight side you cut can be left open for the grain!)
3. Create your different pieces of grain on paper you have and then you can glue/tape them into your basket! If you have some raw pasta you can also use that as your grain!



A quick game to imagine how Ruth had to separate the seed from the chaff of the grain:

1. Mix cotton balls (the chaff!) and some small dried pasta (the seed!) together in a bowl
2. Gently put masking tape (or another kind of tape) around your fingers (keep the tape sticky side out!)
3. Work as quickly as you can to separate the cotton balls from the pasta - see how long it takes you and try to improve your time every round!

Heroes

We might be able to think of many heroes from books, movies, the bible, and in our lives right now. Heroes are important to us, but sometimes the people we think of as heroes don't think of themselves as heroes. Maybe Ruth didn't think of herself as a hero when she stayed with Naomi and worked for them both to survive even in hard times. It is important to learn from the heroes in our lives and show them care and support, because we know they care and support us and other people!

Below are some things your family can do to recognize heroes in your life!

Thanking our Heroes:

1. Together with your family talk about what being a hero means
2. Write down together some heroes in your life (some heroes you might know, and some heroes might be people you don't know)
3. Especially if you know some of your heroes think about a way you can thank them and let them know they are your hero. Maybe you can call them on the phone, or make them a card or picture. For heroes you don't know, you might be able to write/draw a message in chalk outside or make signs saying 'thank you' that hang in your window!

Don't forget that every evening at 7:30pm families in many communities go onto their doorstep, near windows, or on their balconies to make beautiful noise together (using their voices or instruments or pots and pans) to say thank you to the heroes in our world.

Family Story: My Hero is You

Below is a link to the story 'My Hero is You'

"My Hero is You", a story developed for and by children around the world, offers a way for children and parents to together think about the questions the pandemic raises. Designed to be read by a parent, caregiver or teacher alongside a child or a small group of children, the story was shaped by more than 1,700 children, parents, caregivers and teachers from around the world who took the time to share how they are coping with the impact of COVID-19.

The project was developed by the Inter-Agency Standing Committee Reference Group on Mental Health and Psychosocial Support in Emergency Settings, and supported by global, regional and country based experts, in addition to parents, caregivers, teachers and children in 104 countries." (<https://www.unicef.org/coronavirus/my-hero-you>)

STORY LINK:

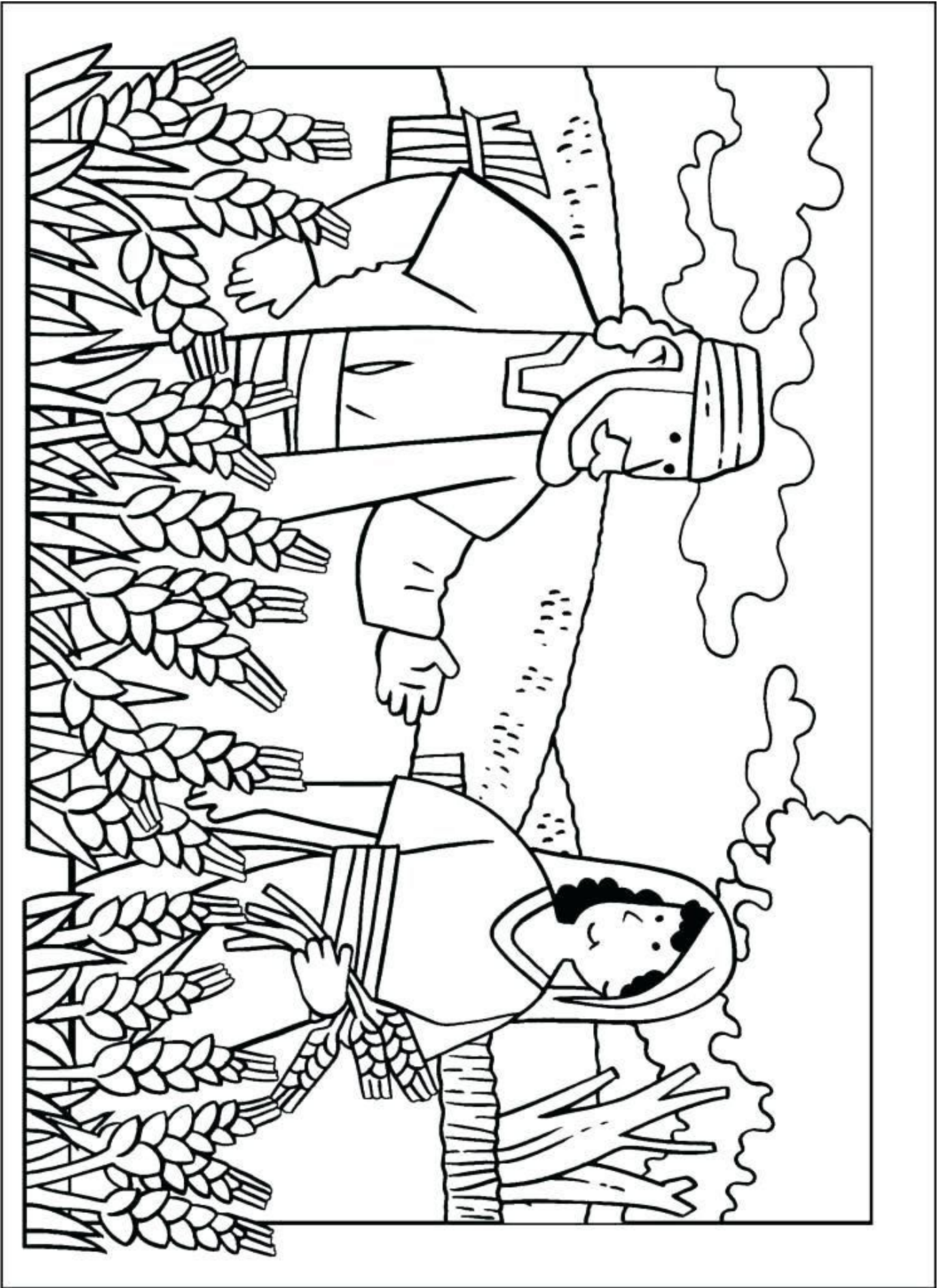
<https://interagencystandingcommittee.org/system/files/2020-04/My%20Hero%20is%20You%2C%20Storybook%20for%20Children%20on%20COVID-19.pdf>

RUTH

The Heroes of the Bible

WWW.ARTISTXEROCREATIONS.COM





A HERO is
someone who
has given his or
her life
to something
bigger
than oneself.

Name: _____

Ruth & Naomi



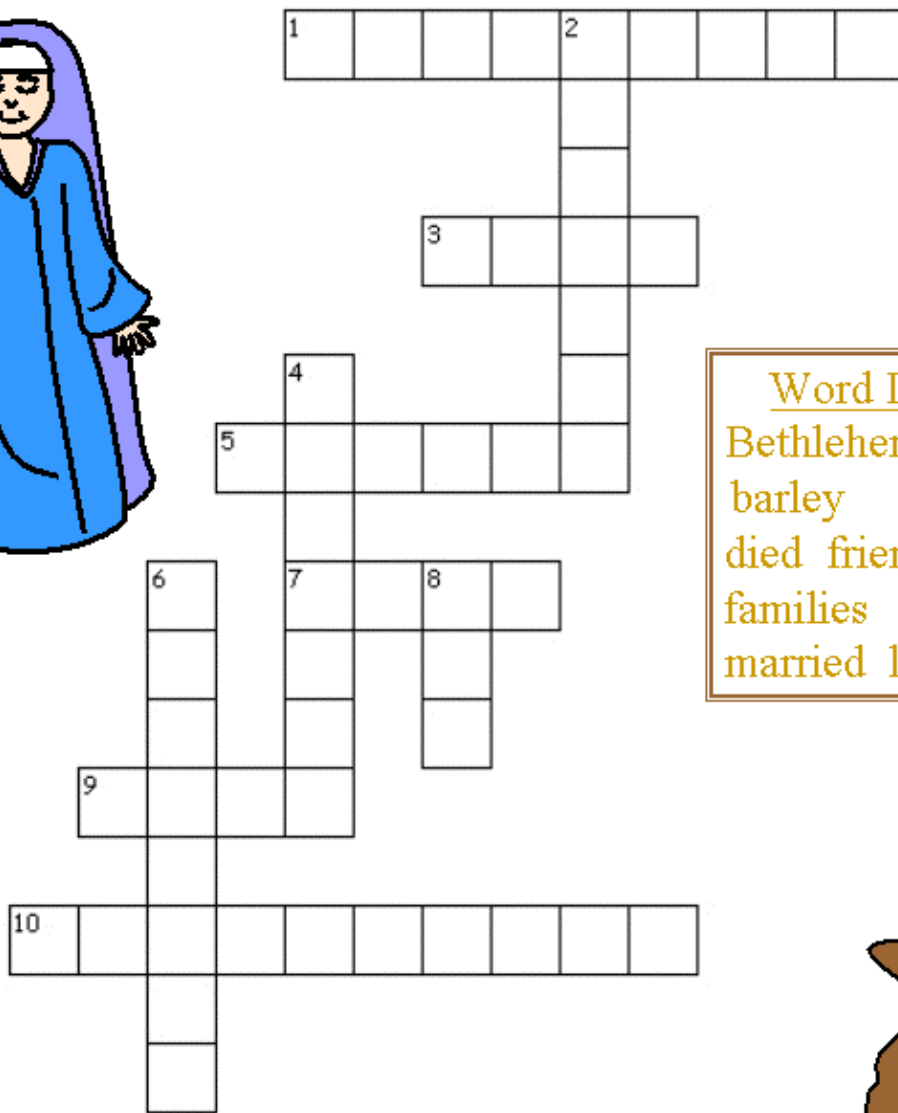
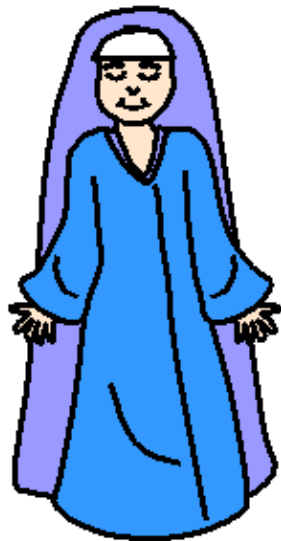
Find the words below in the puzzle.

© 2008 by The Bible Project & Illustration Co.

barley
Boaz
favor
grain
mother in law
Moab
Naomi
redemption
sheaves

Bethlehem
daughter in law
glean
harvest
marriage
Judah
reapers
Ruth
wife

Ruth and Naomi Crossword



Word List:
Bethlehem two
barley Boaz
died friendship
families Ruth
married loyalty



Across

1. This is the place that Naomi wanted to move back to.
3. The name of the kind man that owned the field where Ruth worked.
5. The type of grain that Ruth would pick up after the harvesters.
7. This was the name of Naomi's daughter-in-law who stayed with her.
9. All of Ruth's immediate family ____ so she decided to move back to her hometown.
10. Ruth and Naomi's story is a story about ____.

Down

2. This is the act of putting someone's interests before your own.
4. Boaz and Ruth later fell in love and were ____.
6. Naomi encouraged Ruth and Orpah to move back to their own ____.
8. The number of sons Naomi had.

Ruth and Naomi Maze

Help Ruth find the grain to pick in Boaz's field.

