

Daily Prayer

Feria

Wednesday, January 11, 2022

We enter into a time of quiet. We offer to God our selves and in the silence know that God embraces us as God's very own. We offer our hopes and our concerns through our prayers and in the silence listen for God. Today we hold in our prayers the ordinary moments in life—the trials and the joys.

We begin by saying

O God, make speed to save us.

O Lord, make hast to help us.

With you, O God, is the well of life
and in your light shall we see light.

The First Reading

Since, therefore, the children share flesh and blood, he himself likewise shared the same things, so that through death he might destroy the one who has the power of death, that is, the devil, and free those who all their lives were held in slavery by the fear of death. For it is clear that he did not come to help angels, but the descendants of Abraham. Therefore he had to become like his brothers and sisters in every respect, so that he might be a merciful and faithful high priest in the service of God, to make a sacrifice of atonement for the sins of the people. Because he himself was tested by what he suffered, he is able to help those who are being tested.

Hebrews 2.14-18

The Psalm

O give thanks to the Lord and call upon his name; ♦
make known his deeds among the peoples.

Sing to him, sing praises, ♦
and tell of all his marvellous works.

Rejoice in the praise of his holy name; ♦
let the hearts of them rejoice who seek the Lord.

Seek the Lord and his strength; ♦
seek his face continually.

Remember the marvels he has done, ♦
his wonders and the judgements of his mouth,

O seed of Abraham his servant, ♦
O children of Jacob his chosen.

He is the Lord our God; ♦
his judgements are in all the earth.

He has always been mindful of his covenant, ♦
the promise that he made for a thousand generations:

The covenant he made with Abraham, ♦
the oath that he swore to Isaac,

Which he established as a statute for Jacob, ♦
an everlasting covenant for Israel,

Saying, 'To you will I give the land of Canaan ♦
to be the portion of your inheritance.' [R]

When they were but few in number, ♦
of little account, and sojourners in the land,

Wandering from nation to nation, ♦
from one kingdom to another people,

He suffered no one to do them wrong ♦
and rebuked even kings for their sake,
Saying, 'Touch not my anointed ♦
and do my prophets no harm.'

Psalm 105.1-15

The Gospel Reading

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Mark 1.29-39

In silence, we ask what the readings have to say to us today. Is there something that draws us more deeply into the reading? What does God have to say to us? What do we have to ask God?

When the time is right, we conclude our time of silence with the canticle

The Canticle ~ A Song of the Covenant

**I have given you as a light to the nations,
and I have called you in righteousness.**

Thus says God, who created the heavens, ♦
who fashioned the earth and all that dwells in it;

Who gives breath to the people upon it ♦
and spirit to those who walk in it,

'I am the Lord and I have called you in righteousness, ♦
I have taken you by the hand and kept you;

'I have given you as a covenant to the people, ♦
a light to the nations, to open the eyes that are blind,

'To bring out the captives from the dungeon, ♦
from the prison, those who sit in darkness.

'I am the Lord, that is my name; ♦
my glory I give to no other.'

Isaiah 42.5-8a

*Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.*

**I have given you as a light to the nations,
and I have called you in righteousness.**

*We continue in prayer for those people and situations that we hold up before God and
continue with the concluding collect, the Lord's prayer and the closing sentences.*

The Intercessions

We pray for the coming of God's kingdom.
You sent your Child to bring good news to the poor,
sight to the blind,
freedom to the captives
and salvation to your people:
anoint us with your Spirit;
rouse us to work in his name.

By your Spirit

bring in your kingdom.

Send us to bring help to the poor
and freedom to the oppressed.

By your Spirit

bring in your kingdom.

Send us to tell the world
the good news of your healing love.

By your Spirit

bring in your kingdom.

Send us to those who mourn,
to bring joy and gladness instead of grief.

By your Spirit

bring in your kingdom.

Send us to proclaim that the time is here
for you to save your people.

By your Spirit

bring in your kingdom.

Use us, unworthy as we are,
to bring in your kingdom of mercy, justice, love and peace.
Empower us by your Spirit and unite us in your Son,
that all our joy and delight may be to serve you,
now and for ever. **Amen.**

Our prayers conclude

O good Jesus,
Word of the Father and
brightness of his glory,
whom angels desire to behold:
teach me to do your will
that guided by your Spirit,
I may come to that blessed city of everlasting day,
where all are one in heart and mind,
where there is safety and eternal peace,
happiness and delight,
where you live with the Father and the Holy Spirit,
world without end. Amen.

[let us pray as our Saviour taught us,]

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen

We conclude

May the light of Christ our Lord shine in all our hearts.

Amen.

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