



THE THIRD SUNDAY IN LENT
SUNDAY, MARCH 12, 2023 AT 10:30 A.M.

The Church of the Redeemer:
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Land Acknowledgement

During the season of Lent, we will begin the liturgy in silence. Therefore, all are encouraged to offer this prayer, acknowledging the lands on which we dwell, before the service begins.

In this Holy time of Lent, we acknowledge with respect that we gather today in many sacred places that were home to those who have been displaced. We recognize that our church dwells on the traditional lands of the Wendat, the Haudenosaunee and the Anishinaabe Nations, including the Mississaugas of the Credit First Nation. Holy One, help us to repent of all that we have done, and to make peace with those whom we have wronged, through Jesus Christ our Redeemer. Amen.

The Penitential Rite

Please rise as you are able

Priest: The Lord be with you.

People: **And also with you.**

Priest: Let us pray. Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Priest: Blessed be God who forgives all our sins;

People: **whose mercy endures forever.**

Priest: Dear friends in Christ as we prepare to worship almighty God, let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Confession and Absolution

Steven Mackison

Priest: Gracious God, our sins are too heavy to carry,
too real to hide, and too deep to undo.
Forgive what our lips tremble to name,
what our hearts can no longer bear,
and what has become for us a consuming fire of judgment.

People: **Set us free from a past that we cannot change;
open to us a future in which we can be changed;
and grant us grace to grow more and more in your likeness and image,
through Jesus Christ, the light of the world. Amen.**

Priest: Almighty God have mercy upon you, pardon and deliver you from all your sins,
confirm and strengthen you in all goodness, and keep you in eternal life; through
Jesus Christ our Lord.

People: **Amen.**

Act of Penitence

The Priest and deacon move to the basin, pour the water into it, and the Priest blesses it,

The Asperges

During the Asperges, members of the congregation are sprinkled with water.

Kyrie: “Mercy, O God” (*Francis O’Brien*)

Refrain:



Mer-cy, O God, have mer-cy on us. Send down your mer-cy to set us free.



Mer-cy, O God, have mer-cy on us. Send down your mer-cy to set us free.

Francis Patrick O'Brien. © 2001 by GIA Publications, Inc. All Rights Reserved.

The Collect of the Day

Reading

Please be seated

Reader: A Reading from the Book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

Reader: The word of the Lord.

Exodus 17:1-7

People: Thanks be to God.

A moment of silence is observed

Psalm 95 (Paraphrase) *(J.P. Sweelinck)*

Venite, exsultemus Domino; jubilemus Deo salutari nostro;
praeoccupemus faciem ejus in confessione, et in psalmis jubilemus ei:
quoniam Deus magnus Dominus, et rex magnus super omnes deos.

Come let us sing to our God; let us shout for joy to the rock of our salvation.

Let us come before God's presence with thanksgiving and shout aloud with psalms of praise.

For our God is a great God, and reigns above all gods.

We rise and turn to face the Gospel as it is processed to the midst of the gathered community

We do this as a sign of respect and to symbolize that

its message is at the centre of our lives and its truth is always before our eyes.

The Gospel

Reader: The Lord be with you.

People: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory to you, Lord Jesus Christ.

So Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him.

Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his

word. They said to the woman, ‘It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’

Reader: The Gospel of Christ.

John 4:5-30, 39-42

All: Praise to you, Lord Jesus Christ.

Homily: Susan Haig

Please be seated

A moment of silence is observed

The Prayers of the People

Please rise as you are able

The response to the prayers is as follows:

Leader: God who gave water in the wilderness,

All: Grant us your living water.

Healing/Anointing

During the space following the prayers of the people, feel free to continue to hold the concerns of your heart in prayer, offering them silently or aloud.

For those desiring prayers for healing and the ministry of anointing, please move to one of the clergy on the outside of our liturgical space.

The Peace

During the singing of the hymn, the congregation gathers around the altar. We form two concentric circles that flow around and through the chancel (altar area) and down the steps.

If you would like to make a financial donation to the ministry of the Church of the Redeemer, please place your offering on the plate held by one of the greeters at the chancel steps or use the QR code below.



Offertory Hymn: #533 (Common Praise) "Jesus, Lover of my Soul"

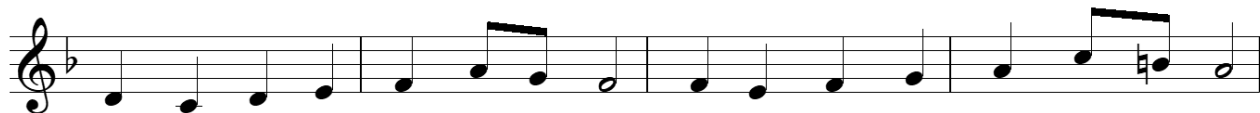
All sing



1. Je - sus, lov - er of my soul, let me to thy bos - om fly,
2. Oth - er ref - uge have I none; hangs my help - less soul on thee.
3. Thou, O Christ, art all I want; more than all in thee I find!
4. Plen - teous grace with thee is found, grace to cov - er all my sin;



while the near - er wa - ters roll, while the tem - pest still is high.
Leave, ah! leave me not a - lone; still sup - port and com - fort me.
Raise the fal - len, cheer the faint, heal the sick, and lead the blind.
let the heal - ing streams a - bound; make and keep me pure with - in.



Hide me, O my Sav - iour, hide, till the storm of life is past;
All my trust on thee is stayed, all my help from thee I bring;
Just and ho - ly is thy name; I am all un - righ - teous - ness:
Thou of life the foun - tain art; free - ly let me take of thee;



safe in - to the ha - ven guide; O re - ceive my soul at last.
cov - er my de - fence - less head with the shad - ow of thy wing.
false and full of sin I am; thou art full of truth and grace.
spring thou up with - in my heart; rise to all e - ter - ni - ty.

Text: Charles Wesley (1707-1788). Music: ABERYSTWYTH. Joseph Parry (1841-1903).

The Prayer over the Gifts

The Celebration of the Eucharist

Priest: *People:*

The Lord be with you. **And al-so with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

Sanctus

Ho-ly, ho-ly, ho-ly, ho - ly, ho-ly Lord God of hosts.

Heav-en and earth are filled with your glo - ry. Ho - san-na

in the high-est. Bless-ed is He who comes in the name of the

Lord, of the Lord. Ho - san - na in the high - est,

ho - san-na in the high-est.

MUSIC: Grayson Warren Brown (b.1948), *A Mass for a Soulful People*. Copyright 1979 North American Liturgy Resources, 10802 N. 23rd Ave., Phoenix, AZ 85029. All Rights Reserved.

During the prayer all respond as follows:

Priest: For as often as we eat of this bread and drink from this cup, we proclaim this truth:

All: **Christ has died. Christ is risen. Christ will come again.**

At the end of the prayer all respond:

All: **Amen.**

The Lord's Prayer

Priest: *People:*

As our Sa-viour taught us let us pray. Our Fa-ther in heav-en hal-losed be your name,
your king-dom come, your will be done, on earth as in heav-en.
Give us to-day our dai-ly bread. For-give us our sins
as we for-give those who sin a-gainst us.
Save us from the time of trial and de-liv-er us from e-vil.
For the king-dom, the pow-er, and the glo-ry are yours, now and for ev-er. A-men.

MUSIC: McNeil Robinson © 1979, Theodore Presser Co.

The Breaking of the Bread

Priest: We break this bread,

People: **Communion in Christ's body once broken.**

Priest: Let your Church be the wheat which bears its fruit in dying.

People: **If we have died with him, we shall live with him;
if we hold firm, we shall reign with him.**

Priest: The gifts of God for the People of God.

People: **Thanks be to God.**

Agnus Dei

The Communion



*During communion, if you need a gluten-free wafer,
please let the communion minister know.
Please do not dip the bread in the wine.*

*If you wish to receive a blessing instead of communion,
please cross your arms as shown in the picture on the left.*

After receiving, we invite you to remain gathered around the altar for the remainder of the service until the dismissal.

Communion Song: "For Countless Blessings" (M. Guimont)

Refrain:



For count-less bless-ings giv-en free, for count-less bless-ings giv-en free, O



Je-sus Christ, be praised! O Je-sus Christ, be praised!

Text: Delores Dufner, OSB. Music: Michel Guimont.
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Song: "Deeper Well" (David Onley, Emmylou Harris, Daniel Lanois)

Prayer after Communion

Priest: All your works praise you, O Lord.

All: **And your faithful servants bless you.**

**Gracious God, we thank you for feeding us
with the body and blood of your son Jesus Christ.**

**May we, who share his body, live his risen life;
we, who drink his cup, bring life to others;**

we, whom the Spirit lights, give light to the world.
Keep us firm in the hope you have set before us,
so that we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.

Announcements not in “Ministry Updates”

Closing Hymn: #456 (Common Praise) “He Comes to Us as One Unknown” *All sing*



1. He comes to us as one un - known, a breath un - seen, un -
2. He comes when souls in si - lence lie and thoughts of day de -
3. He comes to us in sound of seas, the o - cean's fume and
4. He comes in love as once he came by flesh and blood and
5. He comes in truth when faith is grown; be - lieved, o - beyed, a -



heard; as though with - in a heart of stone, or shriv - eled seed in
part, half - seen up - on the in - ward eye, a fall - ing star a -
foam; yet small and still up - on the breeze, a wind that stirs the
birth; to bear with - in our mor - tal frame a life, a death, a
dored: the Christ in all the scrip - tures shown, as yet un - seen, but



dark - ness sown, a pulse of be - ing stirred.
cross the sky of night with - in the heart.
tops of trees, a voice to call us home.
sav - ing name for ev - ery child of earth.
not un - known, our Sav - iour, and our Lord.

Text: Timothy Dudley-Smith (1926-); first line from
Albert Schweitzer (1875-1965), *The Quest of the
Historical Jesus*, 1910. © 1984 Hope Publishing Co.
Music: Melody Nikolaus Herman (1480?-1561); adapt.
and harm. Johann Sebastian Bach (1685-1750).

The Dismissal

Priest: Go forth in the name of Christ.

People: Thanks be to God.