



THE THIRD SUNDAY IN LENT
SUNDAY, MARCH 12, 2023 AT 9 A.M.

The Church of the Redeemer:
162 Bloor St. West, Toronto, ON M5S 1M4
office@theredeemer.ca • Tel: (416) 922 4948•

Land Acknowledgement

During the season of Lent, we will begin the liturgy in silence. Therefore, all are encouraged to offer this prayer, acknowledging the lands on which we dwell, before the service begins.

In this Holy time of Lent, we acknowledge with respect that we gather today in many sacred places that were home to those who have been displaced. We recognize that our church dwells on the traditional lands of the Wendat, the Haudenosaunee and the Anishinaabe Nations, including the Mississaugas of the Credit First Nation. Holy One, help us to repent of all that we have done, and to make peace with those whom we have wronged, through Jesus Christ our Redeemer. Amen.

The Penitential Rite

Steven Mackison

Priest: The Lord be with you.

People: **And also with you.**

Priest: Let us pray. Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Priest: Blessed be God who forgives all our sins;

People: **whose mercy endures forever.**

Priest: Dear friends in Christ as we prepare to worship almighty God, let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Confession and Absolution

Steven Mackison

Priest: Gracious God, our sins are too heavy to carry,
too real to hide, and too deep to undo.
Forgive what our lips tremble to name,
what our hearts can no longer bear,
and what has become for us a consuming fire of judgment.

People: **Set us free from a past that we cannot change;
open to us a future in which we can be changed;
and grant us grace to grow more and more in your likeness and image,
through Jesus Christ, the light of the world. Amen.**

Priest: Almighty God have mercy upon you, pardon and deliver you from all your sins,
confirm and strengthen you in all goodness, and keep you in eternal life; through
Jesus Christ our Lord.

People: **Amen.**

Hymn: #140 (Sing a New Creation) “Create Within Me a Clean Heart”

Redeemer Music Team



Cre-ate with - in me a clean heart, O God; place at my cen-tre a new and right spir-it.



Since you want truth in my in-ner-most be-ing, teach me your wis-dom in my sec-ret heart.

Text and melody: Alison Adam, 2001, ©. Music arr. John L. Bell, 2001. Arr. © WGRG c/o Iona Community, GIA Publications, Inc., agent.

The Collect of the Day

Steven Mackison

Priest: Lord of the wellspring, source of life and truth: give us the courage of the Samaritan woman, so that we may receive living water, and worship you in spirit and in truth; through Jesus Christ who quenches our thirst with eternal life.
Amen.

Reading

Heather Bennett

Reader: A Reading from the Book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

Reader: The word of the Lord.

Exodus 17:1-7

People: Thanks be to God.

A moment of silence is observed

Psalm 95 (George Black)

Redeemer Music Team

Refrain:



O that to - day we would heark-en to your voice: hard-en not your hearts.

Come let us sing to our God;
let us shout for joy to the rock of our salvation.
Let us come before God's presence with thanksgiving
and shout aloud with psalms of praise. **Refrain**

For our God is a great God,
and reigns above all gods.
God holds all the caverns of the earth,
and cradles the heights of the mountains.
The sea belongs to the One who made it,
whose hands also have shaped the dry land. **Refrain**

Come, let us bow down and bend the knee,
and kneel before our Maker.
For you are our God;
and we are the people of your pasture and the sheep of
your hand;
that today we would hearken to your voice! **Refrain**

Harden not your hearts
as your forebears did in the wilderness,
Meribah, and on that day at Massah
when they tempted me.
They put me to the test,
though they had seen my works. **Refrain**

Forty years long I was grieved with that generation
and said,
"This people are wayward in their hearts;
they do not know my ways."
So I swore in my wrath,
"They shall not enter into my rest." **Refrain**

The Gospel

Susan Haig

Reader: The Lord be with you.

People: **And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Jesus Christ.**

So Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone

who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.’ The woman said to him, ‘Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.’

Jesus said to her, ‘Go, call your husband, and come back.’ The woman answered him, ‘I have no husband.’ Jesus said to her, ‘You are right in saying, “I have no husband”; for you have had five husbands, and the one you have now is not your husband. What you have said is true!’ The woman said to him, ‘Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.’ Jesus said to her, ‘Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.’ The woman said to him, ‘I know that Messiah is coming’ (who is called Christ). ‘When he comes, he will proclaim all things to us.’ Jesus said to her, ‘I am he, the one who is speaking to you.’

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, ‘What do you want?’ or, ‘Why are you speaking with her?’ Then the woman left her water jar and went back to the city. She said to the people, ‘Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?’ They left the city and were on their way to him.

Many Samaritans from that city believed in him because of the woman’s testimony, ‘He told me everything I have ever done.’ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, ‘It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’

Reader: The Gospel of Christ.

John 4:5-30, 39-42

All: **Praise to you, Lord Jesus Christ.**

Homily

Susan Haig

A moment of silence is observed

The Prayers of the People

Anne Gircys

Leader: In the words of the psalm, ‘O Come let us worship and bow down, let us kneel before the Lord our Maker’. You are invited to add your own petitions and thanksgivings, silently, aloud or in the chat box, in the pauses.

Leader: God who gave water in the wilderness,

All: **Grant us your living water.**

Leader: We proclaim by word and example the good news of God in Christ. We pray for the church throughout the world.

A long pause is observed. Please give voice to your prayers or add them over in the chat box

Leader: God who gave water in the wilderness,

All: **Grant us your living water.**

Leader: We strive to protect the integrity of God's creation by respecting, sustaining, and renewing the life of the Earth. The psalmist says, 'The sea is his, for he made it, and the dry land, which his hands have formed.'

A long pause is observed. Please give voice to your prayers or add them over in the chat box

Leader: God who gave water in the wilderness,

All: **Grant us your living water.**

Leader: We strive for justice and peace among all people and respect the dignity of every human being. We pray for the world. We pray for healing and reconciliation among all people.

A long pause is observed. Please give voice to your prayers or add them over in the chat box

Leader: God who gave water in the wilderness,

All: **Grant us your living water.**

Leader: We seek to serve Christ in all persons, loving our neighbour as ourselves. At some point in our lives we meet, or we are, the woman at the well. We thank you for the opportunity to serve. Give us the grace to accept the helping hand, the living water. We pray for the sick and those in need.

A long pause is observed. Please give voice to your prayers or add them over in the chat box

Leader: God who gave water in the wilderness,

All: **Grant us your living water.**

Leader: We give thanks for the life and witness of those who have died.

Comfort those who mourn.

A long pause is observed. Please give voice to your prayers or add them over in the chat box

Leader: God who gave water in the wilderness,

All: **Grant us your living water.**

Leader: These and all our prayers we offer in praise and thanksgiving for our Redeemer,
Jesus Christ.

All: **Amen.**

Healing

For those desiring prayers for healing, please contact one of the priests present privately in the chat.

Song: "Deeper Well" (*David Olney, Emmylou Harris, Daniel Lanois*)

Redeemer Music Team

The Peace

Steven Mackison

Priest: The peace of the Lord be always with you.

People: **And also with you.**

Hymn: #502 (Gather) "Come to the Water"

Redeemer Music Team



1. O let all who thirst, let them come to the wa-ter.
2. And let all who seek, let them come to the wa-ter.
3. And let all who toil, let them come to the wa-ter.
4. And let all the poor, let them come to the wa-ter.



And let all who have noth-ing, let them come to the Lord:
And let all who have noth-ing, let them come to the Lord:
And let all who are wea-ry, let them come to the Lord:
Bring the ones who are lad-en, bring them all to the Lord:



With-out mon-ey, with-out price. Why should you pay the price,
With-out mon-ey, with-out strife. Why should you spend your life,
All who la-bour, with-out rest. How can your soul find rest,
Bring the chil-dren with-out might. Eas-y the load and light:



ex-cept for the Lord?
ex-cept for the Lord?
ex-cept for the Lord?
come to the Lord.

Text: Isaiah 55.1,2, Matthew 11.28-30; John Foley, SJ (1939-). Tune: John Foley, SJ (1939-) © 1978, John B. Foley, SJ, and New Dawn Music.

The Lord's Prayer

Steven Mackison

Priest: As our Saviour taught us, let us pray.

All: **Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

The Giving and Receiving of Communion

Steven Mackison

Priest: Dear friends, I invite you in this moment, wherever you may be,
to receive Christ, in communion with the saints,
and the gathering of God's people, unseen and yet present with us now.

*For those of us participating at home, it is a strange experience to be invited to Communion
– not through the physical bread and wine we can touch and taste –
but a Spiritual Communion with the God who comes to meet us wherever we are.*

*There are no special words or prayers for this, all the Church has ever thought necessary is genuine true
desire, lively faith, and genuine love. Come honestly before God the way you know how.
You may wish to pray quietly this prayer to help you:*

One: Lord, you stand at the door of my heart and knock.
You wait for me and only I can let you in.
I believe and trust in you and ask you now to fill me with your presence.
Feed me with your body and unite me in your blood,
that I may be your blessing to a world in need. Amen.

The Doxology

Steven Mackison

Priest: Glory to God,

All: **whose power working in us
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus
for ever and ever. Amen.**

Announcements not in “Ministry Updates”

Steven Mackison

Closing Hymn: #456 (Common Praise) "He Comes to Us as One Unknown"

Redeemer Music Team



1. He comes to us as one un - known, a breath un - seen, un -
2. He comes when souls in si - lence lie and thoughts of day de -
3. He comes to us in sound of seas, the o - cean's fume and
4. He comes in love as once he came by flesh and blood and
5. He comes in truth when faith is grown; be - lieved, o - beyed, a -



heard; as though with - in a heart of stone, or shriv - eled seed in
part, half - seen up - on the in - ward eye, a fall - ing star a -
foam; yet small and still up - on the breeze, a wind that stirs the
birth; to bear with - in our mor - tal frame a life, a death, a
dored: the Christ in all the scrip - tures shown, as yet un - seen, but



dark - ness sown, a pulse of be - ing stirred.
cross the sky of night with - in the heart.
tops of trees, a voice to call us home.
sav - ing name for ev - ery child of earth.
not un - known, our Sav - iour, and our Lord.

Text: Timothy Dudley-Smith (1926-); first line from Albert Schweitzer (1875-1965), *The Quest of the Historical Jesus*, 1910. © 1984 Hope Publishing Co. Music: Melody Nikolaus Herman (1480?-1561); adapt. and harm. Johann Sebastian Bach (1685-1750).

The Dismissal

Susan Haig

Priest: Go forth in the name of Christ.

People: **Thanks be to God.**

Our thanks go out to all who contribute financially to the Redeemer community. Our ability to continue to offer outreach support through the Common Table and maintain our rich and varied worship and program life is possible thanks to the generous donations of parishioners and friends of the community. For health and safety reasons, we would appreciate your donations via the "Online Donation" link below, where you will be redirected to the gifts section of our Website. Thank you for your generosity.

Online Donation