THE MOST HOLY BODY AND BLOOD OF CHRIST: CORPUS CHRISTI

SPIRITUAL COMMUNION

SUNDAY JUNE 11, 2023 AT 9:00 A.M.

The Church of the Redeemer: 162 Bloor St. West, Toronto, ON M5S 1M4

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# WELCOME TO THE CHURCH OF THE REDEEMER!

We are in the heart of downtown Toronto, and we gather to celebrate on the traditional lands of the Wendat, Haudenosaunee, and Anishinaabe Nations, including the Mississaugas of the Credit First Nation. Our beautiful building connects us to the rich heritage of our city while also drawing us deeper into the roots of our Anglican tradition. Just as the streetscape around us has evolved over the years, our members have changed to reflect the growing, vibrant and progressive Christian community found at the Redeemer today. We come from a variety of faith traditions (and sometimes no faith tradition at all), and we like it that way. We are students, workers, retired, homeless, not limited by sexual orientation, gender identity or personal history. We are at the very beginning of our life with Jesus, and we are deeply steeped in a life complicated by faith. We open our doors to worship God and to learn about Jesus, and how all of this might just transform our lives.

If you would like to stay up to date with our news and events, please feel free to subscribe to our eNewsletter by going to <u>theredeemer.ca/newsletters</u>.

theredeemer.ca facebook.com/TheRedeemerTO instagram.com/TheRedeemerTO



**OFFERTORY** — If you would like to make a monetary donation to support the ministry of Church of the Redeemer, we invite you to visit <u>theredeemer.ca/donate</u> via the QR code above. Thank you for joining us today.

Welcome

Moderator

Land Acknowledgment

Steven Mackison

Opening Hymn: #60 (Common Praise) "I Come with Joy"

Redeemer Music Team



Text: Brian Wren (1936- ). © 1971, 1995 Hope Publishing Co. Music: LAND OF REST. Melody American trad.; coll. Annabel Morris Buchanan (1889-1983).

# H The Gathering of the Community

Steven Mackison

- *Priest:* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.
- People: And also with you.

# The Collect of the Day

Priest: O God,

your Son Jesus Christ has left to us this meal of bread and wine in which we share his body and his blood. May we who celebrate this sign of his great love show in our lives the fruits of his redemption; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People: Amen.

# **★** The Proclamation of the Word

# **First Reading**

Reader: A Reading from the Book of Deuteronomy.

Remember the long way that the Lord your God has led you these forty years in the wilderness, in order to humble you, testing you to know what was in your heart, whether or not you would keep his commandments. He humbled you by letting you hunger, then by feeding you with manna, with which neither you nor your ancestors were acquainted, in order to make you understand that one does not live by bread alone, but by every word that comes from the mouth of the Lord.

*Reader:* Hear what the Spirit is saying to the church. *All:* Thanks be to God.

**Psalm 116.1, 10-17** (George Black)

Deuteronomy 8:2-3 A moment of silence is observed

Redeemer Music Team

Refrain



I love you, O God, because you have heard the voice of my supplication, because you have inclined your ear to me whenever I called upon you. **Refrain** 

How shall I repay you, O God, for all the good things you have done for me? I will lift up the cup of salvation and call upon your name, O God. **Refrain** 

I will fulfil my vows to you, O God, in the presence of all your people. Precious in your sight, O God, is the death of your servants. **Refrain**  Heather Bennett



O God, I am your servant; I am your servant and the child of your handmaid; you have freed me from my bonds. I will offer you the sacrifice of thanksgiving and call upon your name, O God. Refrain

I will fulfil my vows to you, O God, in the presence of all your people. In the courts of God's house, in the midst of Jerusalem. **Refrain** 

During June, National Indigenous History Month, the second reading and the Gospel will be from the First Nations New Testament. The text from the New Revised Standard Version will also be provided.

# **Second Reading**

Heather Bennett

*Reader:* A Reading from the First Letter from Small Man to the Sacred Family in Village of Pleasure.

Think about it in this way: When we give thanks and drink from the cup Creator has blessed, are we not participating ceremonially in the blood of the Chosen One? When we ceremonially break and eat the frybread, are we not participating in the body of the Chosen One? For we who are many all eat from one piece of frybread. This shows that we are all one body. The cup of blessing that we bless, is it not a sharing in the blood of Christ? The bread that we break, is it not a sharing in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.

*Reader:* Hear what the Spirit is saying to the church.*All:* Thanks be to God.

1 Corinthians 10.16-17 A moment of silence is observed Sequence Hymn: #838 (Gather) "Eat this Bread"



# The Gospel

Deacon: The Lord be with you.

# All: And also with you.

*Deacon:* He Shows Goodwill tells the Good Story of Creator Sets Free *All:* Glory to you, Lord Jesus Christ.

Creator Sets Free said "I am the living bread from above. The ones who eat this bread will live beyond the end of all days. And this is the bread that I will give as a gift to the world-my human body." His words caused a great division among the Tribal Members, and they began to argue with one another. "How can this be?" they asked. "Will he give us his flesh to eat?" "I speak from my heart," he answered. "The only way to have my life in you is to eat the body of the True Human Being and drink his blood. Then, the life of the world to come will be yours, and at the end of all days I will bring your body back to life. My body is true food. My blood is pure drink. The ones who eat and drink my body and blood live in me, and I live in them. In the same way the living Father sent me and gave me his life, the ones who feed on me will have my life. The bread from above is not like the bread our ancestors ate-and then died. This bread

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh."

Redeemer Music Team

Paige Souter

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors

gives the life of the world to come that ate, and they died. But the one who eats never fades away, full of beauty and this bread will live for ever.' harmony." John 6.51-58 Deacon: The Gospel of Christ. Praise to you, Lord Jesus Christ. All: Homily: Steven Mackison A moment of silence is observed. **Meditation:** "Give thanks first for the cup" (*Edward Elgar*) Redeemer Music Team The Prayers of the People Karen Turner *Leader:* We pray to the Lord. Lord, listen to the prayers of your people, gathered at your table. In faith we pray: we pray to you our God. All: *Leader*: Here, where we celebrate how Christ gave us his body to be our spiritual food, listen as we pray for his body the Church, spread throughout the world ... A long pause is observed. Please give voice to your prayers or add them over in the chat box In faith we pray: All: we pray to you our God. *Leader:* Here, where we recognize the presence of Christ, who takes away the sin of the world, listen as we pray for that world and for its peoples for whom his blood was shed ... A long pause is observed. Please give voice to your prayers or add them over in the chat box

In faith we pray:

# All: we pray to you our God.

Leader: Here, where we come together as Christ gathered with his friends to give us this meal of holy fellowship, listen as we pray for all whom you have given us, our friends and all whose lives are joined with ours ... A long pause is observed. Please give voice to your prayers or add them over in the chat box

In faith we pray:

# All: we pray to you our God.

Leader: Here, where we remember the night of Christ's agony and trial, listen as we pray for all who share his sufferings through fear or pain or distress of many kinds ...

A long pause is observed. Please give voice to your prayers or add them over in the chat box

In faith we pray:

# All: we pray to you our God.

- *Leader:* Here, where we join our praises with the whole company of heaven, listen as we pray for all who have trusted Christ's promise to raise up on the last day those who eat his flesh and drink his blood ...
  - A long pause is observed. Please give voice to your prayers or add them over in the chat box

In faith we pray:

- All: we pray to you our God.
- Leader: Lord, satisfy our hunger with the food that lasts, the bread of God which comes down from heaven and gives life to the world, Jesus Christ your Son our Lord.
- All: Amen.

# The Peace

Steven Mackison

*Priest:* The peace of the Lord be always with you.

*People:* And also with you.

Hymn: #48 (Common Praise) "Let All Mortal Flesh Keep Silence"

Redeemer Music Team



Text: The Liturgy of St. James; tr. Gerard Moultrie (1829-1885). Music: PICARDY, French Carol (17th cent.).

# **The Lord's Prayer**

Steven Mackison

*Priest:* As our Saviour taught us, let us pray.

All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours, now and for ever. Amen.

# The Giving and Receiving of Communion

*Priest:* Dear friends, I invite you in this moment, wherever you may be, to receive Christ, in communion with the saints, and the gathering of God's people, unseen and yet present with us now.

For those of us participating at home, it is a strange experience to be invited to Communion – not through the physical bread and wine we can touch and taste – but a Spiritual Communion with the God who comes to meet us wherever we are.

There are no special words or prayers for this, all the Church has ever thought necessary is genuine true desire, lively faith, and genuine love. Come honestly before God the way you know how. You may wish to pray quietly this prayer to help you:

One: Lord, you stand at the door of my heart and knock.
You wait for me and only I can let you in.
I believe and trust in you and ask you now to fill me with your presence.
Feed me with your body and unite me in your blood,
that I may be your blessing to a world in need. Amen.

# The Doxology

Steven Mackison

*Priest:* Glory to God,

All: whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus for ever and ever. Amen.

Announcements

Steven Mackison

# **Departing Hymn:** "Let Us Talents and Tongues Employ"



# The Dismissal

Paige Souter

# Deacon: Behold what you are; become what you have received. Alleluia! *People:* Thanks be to God. Alleluia!

Our thanks go out to all who contribute financially to the Redeemer community. Our ability to continue to offer outreach support through the Common Table and maintain our rich and varied worship and program life is possible thanks to the generous donations of parishioners and friends of the community. Thank you for your generosity.

### **Online Donation**

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Today at our 10:30 service, we welcome into the household of God and the fellowship of this community Noemi Jing Ying Fung through the sacrament of baptism!

Noemi is the daughter of Haruna Monri-Fung and Nigel Fung, and the granddaughter of Haruna's parents, Izumi and Tsuyoshi Monri, and Nigel's parents, May Fung and Nicholas Fung (recently deceased).

#### Announcements

Do you sometimes wonder where to send an announcement to be shared with the community? We are making your life (and ours!) simpler by having one email address for all those pieces of information that you would like included in the various places we share ministry updates. Please send your details to us at <u>Announcements</u>. (annoucements@theredeemer.ca)

# Parish Census – Who Are We Now?

So much has changed in the world and in our lives these last few years. At Redeemer, we have reimagined how and when we worship in response to where we feel the Spirit is guiding us. There have been many changes in our staff and volunteer complement as well. Amidst all these changes, we have been intentional about taking the time to pause and consider our needs for our future as a community.

It is time to begin the process of discerning Who Redeemer Is as a community and how we think God is calling us to serve. The first step in this process will be a Parish Census. In the next few weeks, we will be asking you to answer some questions that will help us craft a visioning process to discover who we are. More to come on this soon!

The Venerable Steven Mackison Incumbent

# **Road Closure Next Sunday**

The 13<sup>th</sup> annual Yorkville Exotic Car Show will take place next Sunday, June 18 from noon to 5 PM. Road closures from 5:30 AM until 8:30 PM will be:

- Bloor Street (Avenue Road to Bay Street) Except North/South intersections at Avenue Road & Bay Street.
- St. Thomas Street will be closed from Bloor Street to the north side of Sultan Street.
- Bellair Street will be closed to traffic from Bloor Street to the south side of Critchley Lane.

# Worship and Spirituality

# **During the Week**

### **Mid-day Prayer**

Members of our community gather for mid-day prayer **Monday through Saturday** on Zoom at **12:15 PM**. For about 20 minutes we pause to hear scripture read and to pray for what's on our hearts and for the cares and concerns of the world. The Zoom link and list of readings are sent out each week through eNews.

### **Tuesday Meditation**

Tuesday Meditation with Lilian Junkin gathers for 30 minutes in the chancel at **12:15 PM** for a peaceful mid-week reflection. If you have any other questions, please contact Lilian (<u>lilian.n.junkin@gmail.com</u>).

#### **Prayer on Wednesday**

Each Wednesday morning, a simple order for daily prayer is added to the parish website. This is an invitation to set aside time during the day to read scripture, to reflect and to offer prayers. The order of service for this coming Wednesday will be posted on the <u>website</u> (theredeemer.ca).

### **On Sunday**

#### Intercessions

In the prayers of the people each Sunday, space is left for members of the community to add a name or concern. If you have people or situations that you would like included but are not comfortable giving voice to them, there is a <u>prayer</u>

<u>request form</u> on the website (theredeemer.ca). These will be offered silently by one of the priests during the appropriate petition of the intercessions.

# **Our Common Life**

# Zoom Coffee and Conversation

After the services, the connection on Zoom will be kept open for a post-service coffee time. We will pause for about five minutes to allow time to grab a cup of coffee, tea or a cool beverage and return for a time of conversation.

### Coffee Time at the Church

Coffee and cookies are available **before** the 10:30 service. Why not arrive early for conversation over coffee or tea until 10:20? All who attend worship services in the church building are also invited to linger for a time of conversation and coffee in the narthex – the space at the back of the church – immediately following the service.

### **Coffee Mugs**

Redeemer is looking to replenish its supply of coffee mugs. If you could bring one to church to use and then leave, we would be very grateful! If you have a larger supply to give, please let us know – <u>office@theredeemer.ca</u>. Thank you.

# Welcoming In

Be present to help us to open our doors. We know that when the doors are open people come in. Our small group of **Open Doors Docents** is inviting others to spend between 12 and 2 PM on Fridays with another member of the Redeemer community to:

- Welcome visitors and the curious
- Read a book between visitors
- Get to know another fellow member of Redeemer and solve the problems of the world!

Scheduling is flexible and you can sign up for one or more opportunities based on your own schedule.

Send an **<u>email to Susan Graham Walker</u>**, parish operations manager to be added to the list.

### **Opportunities and Invitations**

Here are some opportunities to become more involved in our community. Details on whom to contact are included with each invitation.

**Communications Expertise** – Redeemer needs to develop a communications strategy. If you have an interest or expertise to share to this initiative please connect with Deb Deacon - <u>debbie.deacon@rogers.com</u> or Susan Graham Walker - <u>sgwalker@theredeemer.ca</u>.

**Technical Skills** – To improve our communications we are looking for someone to advise us on multi-media streaming. **If you can assist, contact the office.** 

**ZOOM Moderators** – In order to add Zoom to the 10:30 AM service we need a team of moderators. If you are interested in this please <u>contact the office</u>.

#### **Ringing the Bell to Remember**

Have you always wanted to ring a bell - a church bell? Now is your opportunity. The Indigenous Solidarity Working Group is seeking someone to ring the Church of the Redeemer bell at noon on **Mondays June 12 and 19**.

Red dresses will be placed outside the church so that along with the bell-ringing we are reminded of and honour the memory of Missing and Murdered Indigenous Women and Girls. Please <u>contact the church office</u> if you can be involved.

# **The REDress Project**

The REDress Project was created by a Metis artist Jaime Black. Each red dress that is hung up acknowledges an Indigenous woman or girl who has been murdered or is missing (MMIWG).

The Church of Redeemer will once again make this acknowledgment in June, by hanging red dresses on the outside of the church. As Jaime Black has said, 'Each dress will become a teacher, educating those who are not aware of the violence against these women and girls. This art gives Indigenous women and girls a voice, as it acknowledges their having been murdered or missing'.

# **Events Marking National Indigenous History Month**

June is National Indigenous History Month in Canada. We welcome our Redeemer community to attend these family-friendly events in downtown Toronto:

Na-Me-Res Pow Wow & Indigenous Arts Festival at Fort York, June 17 and 18. Experience the annual traditional Pow Wow, starting at noon on Saturday, June 17.

National Indigenous Peoples Day celebrations on June 21, the summer solstice, at Toronto City Hall. Learn more about the rich and diverse cultures, voices and experiences of First Nations, Inuit and Metis peoples. Come early for the Sunrise Ceremony at 5:30 a.m.; stay all afternoon for dance, teaching and music.

# **Happy Pride**

Toronto Pride is coming! Redeemerites have two opportunities to join in the civic celebrations.

On **Friday evening June 23**, the Trans Rally will be starting on Church Street at 7 PM followed by the march starting at about 8 PM. The Trans Anglicans will be gathering at the SE corner of Church and Gloucester after 7.30 PM with our Trans Anglicans banner. We would be delighted if you, your family, friends and allies would come and join in the march with us.

For a map and more information about this excellent event, please visit <u>https://www.pridetoronto.com/event/trans-pride-rally-march-after-party/</u>

Proud Anglicans will be in the Pride parade on **Sunday**, **June 25** in the afternoon. We'll meet (and distribute water to others) on the steps of St Paul's Bloor St. Further details for the Pride parade will be shared soon.

# **Redeemer Explorers – Summer Readers**

Redeemer Explorers invites you to join us for our summer book club — Summer Readers. This year we will have an in-person and a Zoom option, both of which will begin meeting the second week of July and will continue for 4 weeks.

This summer we'll be reading *Called to Question: A Spiritual Memoir* by Joan Chittister, who is a Benedictine sister, prolific writer, and international speaker. In her book she invites us to consider the following questions:

- Who is God?
- Why are we here?
- What does it mean to gain heaven?

We live in a changing world, and our understanding of God changes along with it. Chittister challenges us to think about our modern life and the importance of God in it.

Consult the Redeemer website to register for a group.

# Art Exhibit

Joan Holben, a long time Redeemer member, is holding an art exhibition at Rosedale United Church, 159 Roxborough Drive from May 5 – June 25, 2023, Monday to Friday, 9 AM – 5 PM. For more information, contact Joan Holben at joanholben1937@gmail.com or 416-921-8671.

# Sr. Wendy Grace Life Profession

Many may remember a former parishioner who left Redeemer to join the Sisterhood of St. John the Divine. Sr. Wendy Grace is making her life profession at noon this Wednesday, June 14. The service will be live streamed <u>here</u>.

# The Common Table

# **Can You Help?**

Our Common Table participants need ball caps, socks, men's underwear (M, L, XL), men's t-shirts and shorts, running shoes (especially men's sizes 10-13), deodorant and bottles of sunscreen. Drop off donations Monday to Friday between 10 & 11:30 AM at the church or <u>email the program</u> (<u>dropin2@theredeemer.ca</u>) to learn more about how to help out. Thank you!

### **Kitchen Volunteers Needed**

All shifts: arrive between 7:30-8:30 AM and stay until 12 PMish (until the work is done)

Monday, Tuesday and Wednesday: two people each day to help with meal prep (lots of chopping) and cooking

Thursday and Friday: one person - dishwasher

### **At-Home Sandwich Making**

We need 10 people to make two loaves of sandwiches each to arrive by noon Wednesday. Preferably turkey, chicken, ham, peanut butter and jam, cheese with lettuce/cucumber – you choose.

Please email the program (commontable@theredeemer.ca) to volunteer for either of these opportunities.

# **Parish Resources**

### **Parish Operations Manager On-Site**

Susan Graham Walker, Parish Operations Manager, is on-site most Mondays, Tuesdays, Wednesdays and Fridays from 7:30 AM to 12 PM. Please don't hesitate to connect by email (<u>sgwalker@theredeemer.ca</u>) or text (647-215-8814).

### **How Are You Doing?**

Our clergy are available to meet with you to talk and for prayer as is helpful to you. You can contact them through the church office (416-922-4948) or by email: (Steven Mackison – <u>smackison@theredeemer.ca</u>, Paige Souter – <u>psouter@theredeemer.ca</u>.)

### **Pastoral Care Calls**

Volunteers from the pastoral care team continue to call members of the Redeemer community to check in with them. Please contact Tony Crosbie (tony.crosbie@sympatico.ca) if you know someone who would benefit from a call from one of the pastoral care team.

# WORSHIP WITH US

Sunday, June 18 (National Indigenous Day of Prayer)

9 AM – Spiritual Communion (on Zoom only)

10:30 AM – Holy Eucharist (in the Church and through YouTube)

7 PM – Taizé (in the Church and through YouTube)

8 PM – Compline (on Zoom only)

# Sunday, June 25 (Pride Sunday)

9 AM – Spiritual Communion (on Zoom only)

10:30 AM – Holy Eucharist (in the Church and through YouTube)

7 PM – Taizé (in the Church and through YouTube)

8 PM – Compline (on Zoom only)