

Daily Prayer

Lenten FERIA

Wednesday, March 13, 2024

We enter into a time of quiet. We offer to God our selves and in the silence know that God embraces us as God's very own. We offer our hopes and our concerns through our prayers and in the silence listen for God. Today we hold in our prayers the ordinary moments in life—the trials and the joys. We begin by saying

O Lord, open our lips.

And our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love,
according to your judgement give us life.

The First Reading

Thus says the LORD:

In a time of favour I have answered you,

on a day of salvation I have helped you;

I have kept you and given you

as a covenant to the people,

to establish the land,

to apportion the desolate heritages;

saying to the prisoners, 'Come out',

to those who are in darkness, 'Show yourselves.'

They shall feed along the ways,

on all the bare heights shall be their pasture;

they shall not hunger or thirst,

neither scorching wind nor sun shall strike them down,

for he who has pity on them will lead them,

and by springs of water will guide them.

And I will turn all my mountains into a road,

and my highways shall be raised up.
Lo, these shall come from far away,
and lo, these from the north and from the west,
and these from the land of Syene.
Sing for joy, O heavens, and exult, O earth;
break forth, O mountains, into singing!
For the LORD has comforted his people,
and will have compassion on his suffering ones.
But Zion said, 'The LORD has forsaken me,
my Lord has forgotten me.'
Can a woman forget her nursing-child,
or show no compassion for the child of her womb?
Even these may forget,
yet I will not forget you.

Isaiah 49.8-15

The Psalm

The Lord is gracious and merciful, ♦
long-suffering and of great goodness.
The Lord is loving to everyone ♦
and his mercy is over all his creatures.
All your works praise you, O Lord, ♦
and your faithful servants bless you.
They tell of the glory of your kingdom ♦
and speak of your mighty power,
To make known to all peoples your mighty acts ♦
and the glorious splendour of your kingdom.
Your kingdom is an everlasting kingdom; ♦
your dominion endures throughout all ages.

The Lord is sure in all his words ♦
and faithful in all his deeds.

The Lord upholds all those who fall ♦
and lifts up all those who are bowed down.

Psalm 145.8-15

The Gospel Reading

Jesus said to them, 'Very truly, I tell you, the Son can do nothing on his own, but only what he sees the Father doing; for whatever the Father does, the Son does likewise. The Father loves the Son and shows him all that he himself is doing; and he will show him greater works than these, so that you will be astonished. Indeed, just as the Father raises the dead and gives them life, so also the Son gives life to whomsoever he wishes. The Father judges no one but has given all judgement to the Son, so that all may honour the Son just as they honour the Father. Anyone who does not honour the Son does not honour the Father who sent him. Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgement, but has passed from death to life.

'Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. For just as the Father has life in himself, so he has granted the Son also to have life in himself; and he has given him authority to execute judgement, because he is the Son of Man. Do not be astonished at this; for the hour is coming when all who are in their graves will hear his voice and will come out—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.

'I can do nothing on my own. As I hear, I judge; and my judgement is just, because I seek to do not my own will but the will of him who sent me.

John 5.19-30

In silence, we ask what the readings have to say to us today. Is there something that draws us more deeply into the reading? What does God have to say to us? What do we have to ask God?

When the time is right, we conclude our time of silence with the canticle

The Canticle ~ A Song of Manasseh

Full of compassion and mercy and love
Is God, the Most High, the Almighty.

Lord almighty and God of our ancestors, ♦
you who made heaven and earth in all their glory:

All things tremble with awe at your presence, ♦
before your great and mighty power.

Immeasurable and unsearchable is your promised mercy, ♦
for you are God, Most High.

You are full of compassion, long-suffering and very
merciful, ♦
and you relent at human suffering.

O God, according to your great goodness, ♦
you have promised forgiveness for repentance
to those who have sinned against you.

The sins I have committed against you ♦
are more in number than the sands of the sea.

I am not worthy to look up to the height of heaven, ♦
because of the multitude of my iniquities.

And now I bend the knee of my heart before you, ♦
imploring your kindness upon me.

I have sinned, O God, I have sinned, ♦
and I acknowledge my transgressions.

Unworthy as I am, you will save me, ♦
according to your great mercy.

For all the host of heaven sings your praise, ♦
and your glory is for ever and ever.

Manasseh 1a,2,4,6,7a,b,9a,c,11,12,14b,15b

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Full of compassion and mercy and love
Is God, the Most High, the Almighty.

*We continue in prayer for those people and situations that we hold up before God and
continue with the concluding collect, the Lord's prayer and the closing sentences.*

The Intercessions

With confidence and trust let us pray to the Father.
For the one holy catholic and apostolic Church ...
let us pray to the Father.

Lord of compassion,
in your mercy hear us.

For the mission of the Church,
that in faithful witness it may preach the gospel
to the ends of the earth,
let us pray to the Father.

Lord of compassion,
in your mercy hear us.

For those preparing for baptism and confirmation...
and for their teachers and sponsors,
let us pray to the Father.

Lord of compassion,
in your mercy hear us.

For peace in the world ...
that a spirit of respect and reconciliation may grow
among nations and peoples,
let us pray to the Father.
Lord of compassion,
in your mercy hear us.

For the poor, the persecuted, the sick, and all who suffer ...
for refugees, prisoners, and all in danger;
that they may be relieved and protected,
let us pray to the Father.
Lord of compassion,
in your mercy hear us.

For those whom we have injured or offended,
let us pray to the Father.
Lord of compassion,
in your mercy hear us.

For grace to amend our lives and to further the reign of God,
let us pray to the Father.
Lord of compassion,
in your mercy hear us.

In communion with all those who have walked in the way of
holiness ...
let us pray to the Father.
Lord of compassion,
in your mercy hear us.

God our Father,
in your love and goodness
you have taught us to come close to you in penitence
with prayer, fasting and generosity;
accept our Lenten discipline,

and when we fall by our weakness,
raise us up by your unfailing mercy;
through Jesus Christ our Lord.

Amen.

Our prayers conclude

God of our pilgrimage,
by whose light alone the path before us becomes clear
and by whose hope we are given the confidence to continue in
the way,
bless us through the journey of our lives,
that in all our strivings, our plans, our disappointments and our new
beginnings,
we would know your presence as our companion,
and come to understand, even more deeply,
that unconditional love offered to us by your Son,
Jesus Christ our Lord.

[let us pray as our Saviour taught us,]

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen

We conclude

May God our Redeemer show us compassion and love.

Amen.

Credits:

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