



PROPER 16B – SPIRITUAL COMMUNION

SUNDAY, JULY 21, 2024, AT 9:00 A.M.

The Church of the Redeemer:

162 Bloor St. West, Toronto, ON M5S 1M4

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WELCOME TO THE CHURCH OF THE REDEEMER!

We are in the heart of downtown Toronto, and we gather to celebrate on the traditional lands of the Wendat, Haudenosaunee, and Anishinaabe Nations, including the Mississaugas of the Credit First Nation. Our beautiful building connects us to the rich heritage of our city while also drawing us deeper into the roots of our Anglican tradition. Just as the streetscape around us has evolved over the years, our members have changed to reflect the growing, vibrant and progressive Christian community found at the Redeemer today. We come from a variety of faith traditions (and sometimes no faith tradition at all), and we like it that way. We are students, workers, retired, homeless, not limited by sexual orientation, gender identity or personal history. We are at the very beginning of our life with Jesus, and we are deeply steeped in a life complicated by faith. We open our doors to worship God and to learn about Jesus, and how all of this might just transform our lives.

If you would like to stay up to date with our news and events, please feel free to subscribe to our eNewsletter by going to <https://theredeemer.ca/post-17524>.

theredeemer.ca

[instagram.com/TheRedeemerTO](https://www.instagram.com/TheRedeemerTO)

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If you would like to support the ministry of this parish with a financial gift, scan the QR code to go to our online donation page. We thank you for your generosity.

Presider: Paige Souter

Welcome

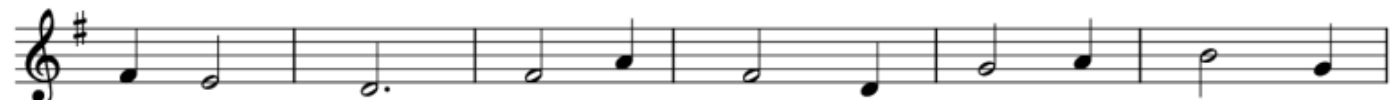
Land Acknowledgement

Opening Song: #576 (Common Praise) "For the Healing of the Nations"

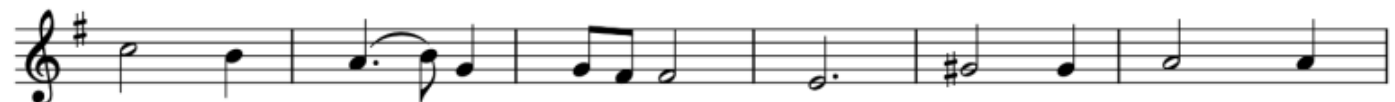
Redeemer Music Team



1. For the heal - ing of the na - tions, God we pray with
2. Lead, Cre - a - tor, in - to free - dom; from de - spair your
3. All that kills a - bun - dant liv - ing, let it from the
4. You, Cre - a - tor God, have writ - ten your great name on



one ac - cord; for a just and e - qual shar - ing
world re - lease, that, re - deemed from war and ha - tred,
earth be banned: pride of sta - tus, race or school - ing,
hu - man - kind; for our grow - ing in your like - ness,



of the things that earth af - fords. To a life of
all may come and go in peace. Show us how through
dog - mas that ob - scure your plan. In our com - mon
bring the life of Christ to mind; that by our re -



love in ac - tion help us rise and pledge our word.
care and good - ness fear will die and hope in - crease.
quest for jus - tice, may we hal - low life's brief span.
sponse and ser - vice earth its des - ti - ny may find.

✠ The Gathering of the Community

Paige Souter

Priest: The grace of our Lord Jesus Christ,
and the love of God
and fellowship of the Holy Spirit,
be with you all.

All: **And also with you.**

The Collect of the Day

Paige Souter

Priest: Compassionate God,
from far and near you gather your church into one,
safeguard the unity of your flock
through the teaching of Christ the Shepherd,
so that all your scattered children may find in him
the guidance and nourishment they seek.

All: **Amen.**

✠ Proclamation of the Word

First Reading:

Abigail Young

Reader: A Reading from the Second Book of Samuel.

Now when the king was settled in his house and the LORD had given him rest from all his enemies around him, the king said to the prophet Nathan, “See now, I am living in a house of cedar, but the ark of God stays in a tent.” Nathan said to the king, “Go, do all that you have in mind, for the LORD is with you.”

But that same night the word of the LORD came to Nathan, “Go and tell my servant David: Thus says the LORD: Are you the one to build me a house to live in? I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent and a tabernacle. Wherever I have moved about among all the people of Israel, did I ever speak a word with any of the tribal leaders of Israel, whom I commanded to shepherd my people Israel, saying, ‘Why have you not built me a house of cedar?’ Now therefore thus you shall say to my servant David: Thus says the LORD of hosts: I took you from the pasture, from following the sheep to be prince over my people Israel, and I have been with you wherever you went and have cut off all your enemies from before you, and I will make for you a great name, like the name of the great ones of the earth. And I will appoint a place for my people Israel and will plant them, so that they may live in their own place and be disturbed no more, and evildoers shall afflict them no more, as formerly, from the time that I appointed judges over my people Israel, and I will give you rest from all your enemies. Moreover, the LORD declares to you that the LORD will make you a house. When your days are fulfilled and you lie down with your ancestors, I will raise up your offspring after you, who shall come forth from your body, and I will establish his kingdom. He shall build a house for my name, and I will establish the throne of his kingdom forever. I will be a father to him, and he shall be a son to me.

Reader: Hear what the Spirit is saying to the Church.

2 Samuel 7:1-14a

All: **Thanks be to God.**

A moment of silence is observed

Refrain



I hon-our my pledge of love, guard my co-ve-nant for ev-er.

Through the Heart of all hearts, You opened the way to Life.
 Your steadfast Love came among us giving us strength.
 Fear shall not overcome us, we will not give in to doubt.
 For your love casts out our fear
 and gives rise to forgiveness of those who would do us wrong. **Refrain**

Yes, your faithfulness and your abiding Love are with us,
 and in your Name we can do all good things.
 Through You is our purpose made known,
 that we might know your Will and make it our own. **Refrain**

In our gratitude we cry out “You are the Beloved,”
 “the Most High, our very Breath.”
 Through You we are born anew, the Spirit of Truth comes to us.
 Your enduring love is with us forever,
 and your Covenant stands firm throughout eternity.
 We will know You as Loving Companion Presence now
 and in the life to come. **Refrain**

“If your children turn their backs and follow not Love’s way,
 If they oppress the weak and befriend injustice,
 They will separate themselves from Love,
 and they will dwell in fear. **Refrain**

Even so, my steadfast Love will await their return,
 my faithfulness will remain sure.
 My Covenant stands true forever,
 as does the Life that begets life. **Refrain**

You are all invited to holiness, to come to the fulness of your birthright.
 For Love shall endure forever, and Light as the sun before us.
 Like the stars, they shall be established forever;
 they shall stand true while the firmament remains.” **Refrain**

A moment of silence is observed.

The Gospel

Paige Souter

Priest: The Lord be with you.

All: **And also with you.**

Priest: The Holy Gospel of our Lord Jesus Christ according to Mark.

All: **Glory to you, Lord Jesus Christ.**

The apostles gathered around Jesus and told him all that they had done and taught. He said to them, “Come away to a deserted place all by yourselves and rest a while.” For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd, and he had compassion for them, because they were like sheep without a shepherd, and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces and begged him that they might touch even the fringe of his cloak, and all who touched it were healed.

Priest: The Gospel of Christ.

Mark 6:30-34, 53-56

All: **Praise to you, Lord Jesus Christ.**

Homily: Paige Souter

A moment of silence is observed.

Prayers of the People

Sylvia Keesmaat

Leader: As we stand in God’s presence, let us pray for the hopes and needs that we carry in our hearts for ourselves and for the world.

Good and gracious God, we give you thanks for this day, for this time to gather in prayer and to enter into communion with you and with each other. We give you thanks for the blessings we see, the ones beyond our awareness, and the ones that while difficult, change our hearts.

We pray for your church throughout the world: that inspired by the Gospel, we may be a beacon of hope and a place of warm welcome for each person we encounter.

Please add your prayers silently or aloud.

Leader: Gracious God,

All: **Hear our prayer.**

Leader: We pray for all people who aspire to be instruments of peace: that filled with God’s loving spirit, they have the courage, strength and perseverance to challenge systems of injustice as they work for peace, justice and equity.

Please add your prayers silently or aloud.

Leader: Gracious God,

All: **Hear our prayer.**

Leader: We pray for all people who serve and walk alongside those who are homeless, hungry, alone, and unemployed: that with compassionate hearts they will help the ‘least of these’ find shelter, be fed, be befriended, and find work.

Please add your prayers silently or aloud.

Leader: Gracious God,
All: **Hear our prayer.**

Leader: We pray for reconciliation in this broken world: that with open hearts, resilient spirits and patient dispositions, we will work, individually and as a community of faith, to acknowledge and heal the harms and wounds that exist. We pray especially for reconciliation with Indigenous Peoples of Turtle Island.

Please add your prayers silently or aloud.

Leader: Gracious God,
All: **Hear our prayer.**

Leader: We pray for hope: that with a shared sense of responsibility to care for God’s creation, we may continue to work to heal the planet and to address environmental injustices caused by climate change. We pray especially for vulnerable and marginalized people who are most affected by the increasing temperatures.

Please add your prayers silently or aloud.

Leader: Gracious God,
All: **Hear our prayer.**

Leader: Loving God, inspire and enliven our hearts as we go forth in love to serve the community, to be your servants watching over our neighbours. We ask this through Christ our Lord.

All: **Amen.**

The Peace

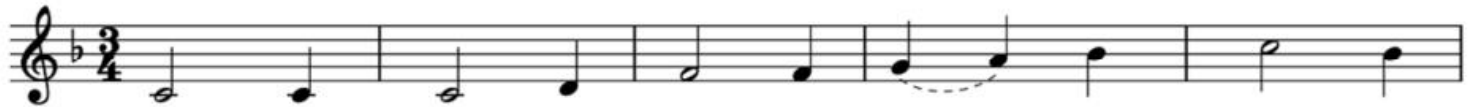
Paige Souter

Priest: The peace of the Lord be always with you.

People: **And also with you.**

Hymn: #701 (Gather) “God It Was”

Redeemer Music Team



1. God it was who said to A - bra - ham, "Pack your
2. God it was who said to Mo - ses, "Save my
3. God it was who said to Jo - seph, "Down your
4. Christ it was who said to Mat - thew, "Leave your
5. In this crowd of com - mon peo - ple, once un -



bags and trav - el on!" God it was who said to
peo - ple, part the sea!" God it was who said to
tools and take your wife!" God it was who said to
books and fol - low me!" Christ it was who said to
known, whom we re - vere, God calls us to share his

Sar - ah, "Smile and soon you'll bear a son!"
 Mir - i - am, "Sing and dance to show you're free!"
 Mar - y, "In your womb I'll start my life!"
 Mar - tha, "Lis - ten first, then make the tea!"
 pur - pose Start - ing now and start - ing here.

Trav - 'ling folk and a - ged moth-ers Wan - d'ring
 Shep - herd - saints and tam - bou - rin - ists Do - ing
 Car - pen - ter and coun - try maid-en Leav - ing
 Civ - il ser - vants and house - keep-ers, Chang - ing
 So we cel - e - brate his call-ing, So we

when they thought they'd done. This is how God calls his
 what he knew they could. This is how God calls his
 town and trade and skills. This is how God calls his
 plac - es at a cost. This is how Christ calls dis -
 prize and praise his choice, As we pray that through this

peo - ple, Los - ing all be - cause of One.
 peo - ple, Do - ing what he knew they should.
 peo - ple, Mov - ing them through what he wills.
 ci - ples, Find - ing those he knew were lost.
 com - pa - ny God will act and raise his voice.

Text: John L. Bell (1949-). Tune: JESUS CALLS US, adapt. from a Gaelic Air by John L. Bell (1949-) © 1989, Iona Community, GIA Publications, Inc., agent.

The Lord's Prayer

Priest: As our Saviour taught us, let us pray.

All: **Our Father in heaven, hallowed be your name,
 your kingdom come, your will be done,
 on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

**For the kingdom, the power, and the glory are yours,
 now and for ever. Amen.**

The Giving and Receiving of Communion

Paige Souter

Priest: Dear friends, I invite you in this moment, wherever you may be,
to receive Christ, in communion with the saints,
and the gathering of God's people, unseen and yet present with us now.

*For those of us participating at home, it is a strange experience to be invited to Communion
– not through the physical bread and wine we can touch and taste –
but a Spiritual Communion with the God who comes to meet us wherever we are.*

*There are no special words or prayers for this, all the Church has ever thought necessary is genuine true desire, lively faith, and
genuine love. Come honestly before God the way you know how.
You may wish to pray quietly this prayer to help you:*

One: Lord, you stand at the door of my heart and knock.
You wait for me and only I can let you in.
I believe and trust in you and ask you now to fill me with your presence.
Feed me with your body and unite me in your blood,
that I may be your blessing to a world in need. Amen.

The Doxology

Paige Souter

Priest: Glory to God,
All: **whose power working in us
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus
for ever and ever. Amen.**

Announcements



1. Where cross the crowd - ed ways of life, where cries of tribe and
2. In haunts of wretch - ed - ness and need, on shad - owed thresh - olds,
3. From chil - dren's wound - ed help - less - ness, from all our sib - lings'
4. The cup of wa - ter given for you still holds the fresh - ness
5. O Jes - us from the moun - tain - side make haste to heal these
6. till all the world shall learn your love, and fol - low where your



race re - sound, a - mid the noise of self - ish strife, O
dark with fears, from paths where hide the lures of greed, we
grief and toil, from fam - ished souls, from sor - row's stress, your
of your grace; yet long the mul - ti - tudes to view the
hearts of pain. A - mong these rest - less throngs a - bide; O
feet have trod; till glor - ious from your heaven a - bove shall



Christ, your word of love is found.
catch the vi - sion of your tears.
heart has nev - er known re - coil.
strong com - pas - sion of your face.
tread the cit - y's streets a - gain.
come the cit - y of our God.

Text: Frank Mason North (1850-1935), alt. © The Sisterhood of St. John the Divine. Music: William Gardiner (1770-1853), Sacred Melodies, 1815.

The Dismissal

Paige Souter

Priest: Let us go in peace to love and serve God. Alleluia!

All: Thanks be to God. Alleluia!

FURTHER CREDITS FOR THIS BULLETIN

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WORSHIP WITH US

Sunday July 21 (Proper 16B)

7:00 PM – Be Still (in the Church and through YouTube)

8:00 PM – Compline (on Zoom only)

Sunday July 28 (Proper 17B)

9:00 AM – Spiritual Communion (on Zoom only)

10:30 AM – Holy Eucharist (in the Church and through YouTube)

2:00 PM – Staying Connected (on Zoom only)

8:00 PM – Compline (on Zoom only)