



PROPER 22B – SPIRITUAL COMMUNION

SUNDAY, SEPTEMBER 1, 2024, AT 9:00 A.M.

The Church of the Redeemer:

162 Bloor St. West, Toronto, ON M5S 1M4

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WELCOME TO THE CHURCH OF THE REDEEMER!

We are in the heart of downtown Toronto, and we gather to celebrate on the traditional lands of the Wendat, Haudenosaunee, and Anishinaabe Nations, including the Mississaugas of the Credit First Nation. Our beautiful building connects us to the rich heritage of our city while also drawing us deeper into the roots of our Anglican tradition. Just as the streetscape around us has evolved over the years, our members have changed to reflect the growing, vibrant and progressive Christian community found at the Redeemer today. We come from a variety of faith traditions (and sometimes no faith tradition at all), and we like it that way. We are students, workers, retired, homeless, not limited by sexual orientation, gender identity or personal history. We are at the very beginning of our life with Jesus, and we are deeply steeped in a life complicated by faith. We open our doors to worship God and to learn about Jesus, and how all of this might just transform our lives.

If you would like to stay up to date with our news and events, please feel free to subscribe to our eNewsletter by going to <https://theredeemer.ca/post-17524>.

theredeemer.ca

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If you would like to support the ministry of this parish with a financial gift, scan the QR code to go to our online donation page. We thank you for your generosity.

Presider: Paige Souter

Welcome

Land Acknowledgement

Opening Hymn: #26 (Songs of a New Creation) "Deep the Snows on God's High Mountain"

Redeemer Music Team



1. Deep the snows on God's high moun-tain, bright and gleam-ing in the sun.
2. E - den, land of lake and riv - er, ev - er pure and ev - er near.
3. Wells of old where shep-herds halt - ed, there to drink and find their rest,
4. Zi - on's tem - ple saw God's glo - ry gush - ing forth from ev - ery door.



There set free, a liv - ing foun - tain stirs once more its course to run.
Grace and beau-ty sing to - geth - er, fresh the flow from year to year.
are by God a place ex - alt - ed: ris - ing thirst is here ad - dressed.
Je - sus lives to be that sto - ry, time-less fount on ev - ery shore.



Pool on pool by leaps de-scend-ing, brooks, now might-y tor - rents roar.
Sing they all, in - vit - ed sib - lings, bathed and blest, so bright their soul.
Came the Son true wealth pos - ses - sing, large that heart to in - ter - cede.
Wide the praise of throngs de - clar - ing: his the life of love out-poured;



Shad-ed rills from still-ness wend-ing, qui - et springs in us re-store.
Gift of God these heal-ing wa - ters, liv - ing streams to make us whole.
Liv-ing wa - ter rich in bless-ing floods the des - ert of our need.
he, the Christ who meets us, car - ing; he, our ev - er liv - ing Lord.

Text: Peter Armour Niblock, 2015, ©. Music JESUS CALLS US. Melody Gaelic trad.; adapt. and arr. John L. Bell, 1989. © 1989 WGRG c/o Iona Community, GIA Publications, Inc., agent.

✠ The Gathering of the Community

Paige Souter

Priest: The grace of our Lord Jesus Christ,
and the love of God
and fellowship of the Holy Spirit,
be with you all.

All: **And also with you.**

The Collect of the Day

Paige Souter

Priest: Blessed are you, O Lord and Lover,
source of beauty and depth of passion.
Strengthen and inspire us to do the word we hear
and live the faith we confess,
through Jesus, our Saviour and Friend.

All: **Amen.**

✠ Proclamation of the Word

First Reading:

Heather Bennett

Reader: A Reading from the Song of Solomon.

The voice of my beloved! Look, he comes, leaping upon the mountains, bounding over the hills. My beloved is like a gazelle or a young stag. Look, there he stands behind our wall, gazing in at the windows, looking through the lattice. My beloved speaks and says to me: “Arise, my love, my fair one, and come away; for now the winter is past, the rain is over and gone. The flowers appear on the earth; the time of singing has come, and the voice of the turtledove is heard in our land. The fig tree puts forth its figs, and the vines are in blossom; they give forth fragrance. Arise, my love, my fair one, and come away.”

Reader: Hear what the Spirit is saying to the Church.

Song of Solomon 2.8-13

All: **Thanks be to God.**

A moment of silence is observed

Psalm 45.1-2, 7-10 (George Black/Nan Merrill)

Redeemer Music Team

Refrain



Ev-ery age will re-call your name. This song will fix it in their me-mo-ry.

I address my verses to the Heart of all hearts;
My tongue is like the pen of a ready scribe.
My heart overflows with gratitude and peace;
You are the lodestar for humankind; grace springs forth from your Love;
You, who are closer than our breath, speak to us from the silence.
Those who listen and heed are blessed beyond belief! **Refrain**

Your Divine Presence endures forever and ever.
Your sovereign edict is ordained with justice;
your love is unconditional, without reserve.
Therefore, O Creator, O Heart of Love, anoint us
with the oil of gladness to share with all; **Refrain**

your raiment is as fragrant blossoms,
fruit of the earth, healing herbs from nature's bounty.
From every direction stringed instruments will gladden our hearts;
our friends will be mature and kind,
filled with integrity, standing beside us in times of need. **Refrain**

A moment of silence is observed.

Gospel Acclamation

The Gospel

Paige Souter

Priest: The Lord be with you.

All: **And also with you.**

Priest: The Holy Gospel of our Lord Jesus Christ according to Mark.

All: **Glory to you, Lord Jesus Christ.**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honours me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition." Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person. "

Priest: The Gospel of Christ.

Mark 7.1-8,14-15,21-23

All: **Praise to you, Lord Jesus Christ.**

A moment of silence is observed.

Homily: Sylvia Keesmaat

A moment of silence is observed.

Prayers of the People

Christina Chang

Leader: O Holy One, mighty and eternal. You come to us in the privacy of our hearts, loving us, and calling us closer to you. Stay with us Lord; remind us always of your presence, and strengthen us so we may be a force for good, sharing your love in word and deed.

A silence is observed, please add your own prayers, silently or aloud

Leader: Renew us in your love.

All: **O Lord renew us.**

Leader: God our saviour, our world is so broken. Bring truth, peace and justice to the nations. Inspire our leaders to care for their people as you care for us. Raise and comfort all who suffer at the hands of others. Keep safe those who bring relief and medicine, guide the peacemakers, bless the caregivers. Comfort the bereaved. Help us to live every day in the sure and certain hope of your eternal victory.

A silence is observed, please add your own prayers, silently or aloud

Leader: Renew us in your love.

All: **O Lord renew us.**

Leader: God our creator, we long for the salvation of the natural world. Stir us from apathy, restrain us from excess and revive in us new hope that we may faithfully do our part to renew the face of the earth.

A silence is observed, please add your own prayers, silently or aloud

Leader: Renew us in your love.

All: **O Lord renew us.**

Leader: Jesus, God with us, we entrust all who are dear to us to your never-failing care and love. Cover us with your loving and powerful presence to bring healing, comfort and forgiveness. In times of anxiety and stress, teach us to wait in quietness for your protection and defence. Be present in all places of suffering and loss and bring hope even in the darkest night.

A silence is observed, please add your own prayers, silently or aloud

Leader: Renew us in your love.

All: **O Lord renew us.**

Leader: Lord our God;
We look to you. Help us see.
We listen for you. Help us hear.
We turn to you. Help us follow.
We reach for your hand. Hold us close.
Watch over us and hold us all the days of our life;
through Jesus Christ our Lord.

All: **Amen.**

The Peace

Priest: The peace of the Lord be always with you.

People: **And also with you.**

Offertory Hymn: #400 (Common Praise) "What Wondrous Love is This"

Redeemer Music Team



1. What won - drous love is this, O my soul, O my soul! What
2. When I was sink - ing down, sink - ing down, sink - ing down, when
3. To God and to the Lamb I will sing, I will sing; to
4. And when from death I'm free, I'll sing on, I'll sing on; and



won-drous love is this, O my soul! What won-drous love is this that
I was sink - ing down, sink - ing down, when I was sink - ing down be-
God and to the Lamb I will sing; to God and to the Lamb, who
when from death I'm free, I'll sing on; and when from death I'm free, I'll



caused the Lord of bliss to bear the dread-ful curse for my soul, for my
neath God's right- eous frown, Christ laid a - side his crown for my soul, for my
is the great I AM, while mil-lions join the theme, I will sing, I will
sing his love for me, and through e - ter - ni - ty I'll sing on, I'll sing



Text: General Selection of the Newest and Most Admired Hymns and Spiritual Songs Now in Use, 1811, alt. Music: Melody William Walker (1809-1875), appendix to The Southern Harmony, New Haven, 1840 ed.; harm. The New Century Hymnal, 1995. Harm. © 1993 The Pilgrim Press.

soul, to bear the dread-ful curse for my soul!
soul, Christ laid a - side his crown for my soul.
sing, while mil-lions join the theme, I will sing.
on; and through e - ter - ni - ty I'll sing on.

The Lord's Prayer

Priest: As our Saviour taught us, let us pray.

All: **Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

The Giving and Receiving of Communion

Paige Souter

Priest: Dear friends, I invite you in this moment, wherever you may be,
to receive Christ, in communion with the saints,
and the gathering of God's people, unseen and yet present with us now.

*For those of us participating at home, it is a strange experience to be invited to Communion
– not through the physical bread and wine we can touch and taste –
but a Spiritual Communion with the God who comes to meet us wherever we are.*

*There are no special words or prayers for this, all the Church has ever thought necessary is genuine true desire, lively faith, and
genuine love. Come honestly before God the way you know how.*

You may wish to pray quietly this prayer to help you:

One: Lord, you stand at the door of my heart and knock.
You wait for me and only I can let you in.
I believe and trust in you and ask you now to fill me with your presence.
Feed me with your body and unite me in your blood,
that I may be your blessing to a world in need. Amen.

The Doxology

Paige Souter

Priest: Glory to God,
All: **whose power working in us
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus
for ever and ever. Amen.**

Announcements

Concluding Hymn: #584 (Gather) "Healing River"

Redeemer Music Team

1. O heal - ing riv - er, send down your
2. This land is parch - ing, this land is
3. Let the seed of free - dom, a - wake and

wa - ters, Send down your wa - ters up - on this
burn - ing, No seed is grow - ing in the bar - ren
flour - ish, Let the deep roots nour - ish, let the tall stalks

land. O heal - ing riv - er, send down your wa - ters, And wash the
ground. O heal - ing riv - er, send down your wa - ters, O heal - ing
rise. O heal - ing riv - er, send down your wa - ters, O heal - ing

blood, from off the sand.
riv - er, send your wa - ters down.
riv - er, from out of the skies.

Text: Fran Minkoff. Tune: Fred Hellerman; arr. by Michael Joncas, b. 1951. © 1964, Appleseed Music, Inc.

The Dismissal

Paige Souter

Priest: Go in peace to love and serve the Lord. Alleluia!

All: Thanks be to God. Alleluia!

FURTHER CREDITS FOR THIS BULLETIN

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WORSHIP WITH US

Sunday September 1 (Proper 22B)

8:00 PM – Compline (on Zoom only)

Sunday September 8 (Proper 23B)

9:00 AM – Spiritual Communion (on Zoom only)

10:30 AM – Holy Eucharist (in the Church and through YouTube)

8:00 PM – Compline (on Zoom only)



Sunday
at
Seven
Rock
Bach
and More

September

15 Taizé Among the Beings

22 Rock Eucharist:
featuring the music of David Bowie

29 Bach Vespers:
BWV 149 for St. Michael & All Angels
~ Man singet mit Freuden vom Sieg