



**PROPER 19B – SPIRITUAL EUCHARIST**

SUNDAY, AUGUST 11, 2024, AT 9:00 A.M.

The Church of the Redeemer:

162 Bloor St. West, Toronto, ON M5S 1M4

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## WELCOME TO THE CHURCH OF THE REDEEMER!

We are in the heart of downtown Toronto, and we gather to celebrate on the traditional lands of the Wendat, Haudenosaunee, and Anishinaabe Nations, including the Mississaugas of the Credit First Nation. Our beautiful building connects us to the rich heritage of our city while also drawing us deeper into the roots of our Anglican tradition. Just as the streetscape around us has evolved over the years, our members have changed to reflect the growing, vibrant and progressive Christian community found at the Redeemer today. We come from a variety of faith traditions (and sometimes no faith tradition at all), and we like it that way. We are students, workers, retired, homeless, not limited by sexual orientation, gender identity or personal history. We are at the very beginning of our life with Jesus, and we are deeply steeped in a life complicated by faith. We open our doors to worship God and to learn about Jesus, and how all of this might just transform our lives.

If you would like to stay up to date with our news and events, please feel free to subscribe to our eNewsletter by going to <https://theredeemer.ca/post-17524>.

[theredeemer.ca](http://theredeemer.ca)

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If you would like to support the ministry of this parish with a financial gift, scan the QR code to go to our online donation page. We thank you for your generosity.

**President:** Steven Mackison

**Welcome**

**Land Acknowledgement**

**Opening Hymn:** #30 (Sing a New Creation) "All Who Hunger"

*Redeemer Music Team*



1. All who hun - ger, gath - er glad - ly; ho - ly man - na  
2. All who hun - ger, nev - er stran - gers, seek - er, be a  
3. All who hun - ger, sing to - geth - er; Je - sus Christ is



is our bread. Come from wil - der - ness and wand - ering.  
wel - come guest. Come from rest - less - ness and roam - ing.  
liv - ing bread. Come from lone - li - ness and long - ing.



Here, in truth, we will be fed. You that yearn for  
Here in joy, we keep the feast. We that once were  
Here, is peace, we have been led. Blest are those who



days of full - ness, all a - round us is our food.  
lost and scat - tered in com - mun - ion's love have stood.  
from this ta - ble live their days in gra - ti - tude.



Taste and see the grace e - ter - nal. Taste and see that God is good.  
Taste and see the grace e - ter - nal. Taste and see that God is good.  
Taste and see the grace e - ter - nal. Taste and see that God is good.

## ✠ The Gathering of the Community

*Steven Mackison*

*Priest:* The grace of our Lord Jesus Christ,  
and the love of God  
and fellowship of the Holy Spirit,  
be with you all.

*All:* **And also with you.**

## The Collect of the Day

*Steven Mackison*

*Priest:* Bread of heaven,  
you feed us in the depths  
of grief, sin and hostility.  
Nourish us with your word  
through the long hours of tears,  
and in the dawning awareness  
of our need for forgiveness,  
so that we may be redeemed by your steadfast love.

*All:* **Amen.**

## ✠ Proclamation of the Word

### First Reading:

*Heather Bennett*

*Reader:* A Reading from the Second Book of Samuel.

The king ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him. Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man." The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

*Reader:* Hear what the Spirit is saying to the Church.

2 Samuel 18.5-9, 15, 31-33

*All:* **Thanks be to God.**

*A moment of silence is observed*

Refrain

Last time

Our God shall re - deem us from all our sins. sins.

Out of the depth I cry to You!  
 In your Mercy, hear my voice!  
 May you be attentive to the voice of my supplications! **Refrain**

If You should number the times we stray You, O Beloved,  
 who could face You?  
 Yet You are ever-ready to forgive,  
 that we might be healed. **Refrain**

I wait for You, my soul waits,  
 for in your Love I would live;  
 My soul awaits the Beloved as one awaits the birth of a child,  
 or as one awaits the fulfillment of their destiny. **Refrain**

O siblings of the Light, welcome the Heart of your heart!  
 Then you will climb the Sacred Mountain of Truth;  
 You will know mercy and love in abundance.  
 Then will your transgressions be forgiven;  
 and you will know the Oneness of All. **Refrain**

*A moment of silence is observed.*

## Gospel Acclamation

Redeemer Music Team

## The Gospel

Steven Mackison

*Priest:* The Lord be with you.

*All:* **And also with you.**

*Priest:* The Holy Gospel of our Lord Jesus Christ according to John.

*All:* **Glory to you, Lord Jesus Christ.**

Jesus said to the people, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven.

Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

*Priest:* The Gospel of Christ.

John 6.35, 41-51

*All:* **Praise to you, Lord Jesus Christ.**

*A moment of silence is observed.*

**Homily:** Steven Mackison

*A moment of silence is observed.*

## **Prayers of the People**

*Sylvia Keesmaat*

*Leader:* We believe in you, O God.

We are awed by your presence and your love for us.

In you is redemption for and freedom from all sin.

In you is the hope we need to persevere in mercy, kindness and love.

*Pause*

*Leader:* We are counting on you God, the bread of life.

*All:* **We are counting on you, Precious Lord.**

*Leader:* Hearing the story of David and Absalom, we readily confess how prone we are to violence. We realize over history that though the combatants change, the enmity and the envy and the thirst for power that makes for war, doesn't change.

The whole earth groans beneath our killing fields whether in Gaza or South Sudan, Ukraine or Yemen. Bring peace to these places and others known to us as we offer them aloud or in silence.

Help us to be the ambassadors of peace so the communities to which we belong might learn from your example.

*Pause*

*Leader:* We are counting on you God, the bread of life.

*All:* **We are counting on you, Precious Lord.**

*Leader:* We pray for the growing numbers forced to live without a home.

Give resolve and strength to your church to help the poor among us.

May your love be known far and wide by the way we engage with others.

Give us the desire to leave our comfort zones to find community with people mired in scarcity and hardship.

Help us create more public spaces where both rich and poor might hang out together.

*Pause*

*Leader:* We are counting on you God, the bread of life.

*All:* **We are counting on you, Precious Lord.**

*Leader:* We pray for those in positions of leadership, federal, provincial, and municipal.

Give them wisdom to know the right thing to do, and the courage to do it.

We pray for those in positions of leadership in finance, in business, and in media.

Give them the inspiration to conduct their affairs with honesty and integrity.

*Pause*

*Leader:* We are counting on you God, the bread of life.

*All:* **We are counting on you, Precious Lord.**

*Leader:* We pray for family members who are struggling with illness and isolation, especially those who depend on our care.

May the peace and bread of Christ sustain them,  
whether they are aware of you or not.

We pray for caregivers, much of whose work goes unseen and unrewarded.

Help them to persevere and be seen for the good they do.

Speak words of comfort and the assurance of welcome to those who are dying.

*Pause*

*Leader:* We are counting on you God, the bread of life.

*All:* **We are counting on you, Precious Lord. Amen.**

## The Peace

*Steven Mackison*

*Priest:* The peace of the Lord be always with you.

*People:* **And also with you.**

## Offertory Hymn: #84 (Common Praise) "Lord, Enthroned in Heavenly Splendour"

*Redeemer Music Team*



1. Lord, en-throned in heaven-ly splen-dour, first be - got - ten from the dead,
2. Here our hum-blest hom-age pay we; here in lov - ing rev - er-ence bow;
3. Though the low - liest form doth veil thee as of old in Beth - le - hem,
5. Life - im - part - ing heaven-ly Man - na, strick-en Rock with stream-ing side,



thou a - lone, our strong de - fend - er, lift - est up thy peo - ple's head.  
here for faith's dis - cern-ment pray we, lest we fail to know thee now.  
here as there thine an - gels hail thee, branch and flower of Jes - se's stem.  
heaven and earth with loud hos - san - na wor - ship thee, the Lamb who died,



Al-le-lu-ia, Je - sus, true and liv - ing bread!  
Al-le-lu-ia, thou art here, we ask not how.  
Al-le-lu-ia, we in wor-ship join with them.  
Al-le-lu-ia, risen, as-cend-ed, glo - ri - fied!

Text: George Hugh Bourne (1840-1925).  
Music: ST. OSMUND. Healey Willan  
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## The Lord's Prayer

*Priest:* As our Saviour taught us, let us pray.

*All:* **Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial, and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
now and for ever. Amen.**

## The Giving and Receiving of Communion

*Steven Mackison*

*Priest:* Dear friends, I invite you in this moment, wherever you may be, to receive Christ, in communion with the saints, and the gathering of God's people, unseen and yet present with us now.

*For those of us participating at home, it is a strange experience to be invited to Communion – not through the physical bread and wine we can touch and taste – but a Spiritual Communion with the God who comes to meet us wherever we are.*

*There are no special words or prayers for this, all the Church has ever thought necessary is genuine true desire, lively faith, and genuine love. Come honestly before God the way you know how.  
You may wish to pray quietly this prayer to help you:*

*One:* Lord, you stand at the door of my heart and knock.  
You wait for me and only I can let you in.  
I believe and trust in you and ask you now to fill me with your presence.  
Feed me with your body and unite me in your blood,  
that I may be your blessing to a world in need. Amen.

## The Doxology

*Steven Mackison*

*Priest:* Glory to God,

*All:* **whose power working in us  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus  
for ever and ever. Amen.**

## Announcements

Sent out in Je-sus' name, our hands are read - y now to  
*En - via - do soy de Dios, mi ma - no lis - ta es - tá pa - ra*

make the world the place in which the king - dom comes. The  
*cons - tru - ir con El un mun - do fra - ter - nal. Los*

an - gels can - not change a world of hurt and pain in -  
*án - ge - les no son en - via - dos a cam - biar un*

to a world of love, of jus - tice and of peace. The  
*mun - do de do - lor por un mun - do de paz. Me*

task is ours to do, to set it real - ly free. O,  
*ha to - ca - do a mi ha - cer - lo rea - li - dad; a -*

help us to o - bey, and car - ry out your will.  
*yú - da - me, Se - ñor, a ha - cer tu vo - lun - tad.*

Text: José Aguiar; Eng. trans. Jorge Maldonado, 1991. © 1988 Abingdon Press, admin.  
 Music Services. Music: Central American trad.; arr. Move Voices, 2007. Arr. © The United Church of Canada.

**The Dismissal**

Steven Mackison

**Priest:** Go in peace to love and serve the Lord. Alleluia!

**All:** Thanks be to God. Alleluia!



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## FURTHER CREDITS FOR THIS BULLETIN

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The Prayers of the People are written by John and Deb Deacon. Cover art photo by Church of the Redeemer.

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## WORSHIP WITH US

### Sunday August 11 (Proper 19B)

**7:00 PM** – Be Still (in the Church and through YouTube)

**8:00 PM** – Compline (on Zoom only)

### Sunday August 18 (Proper 20B)

**9:00 AM** – Spiritual Communion (on Zoom only)

**10:30 AM** – Holy Eucharist (in the Church and through YouTube)

**7:00 PM** – Be Still (in the Church and through YouTube)

**8:00 PM** – Compline (on Zoom only)