### Selected Transgender-related Services Located in the Anglican Diocese of Toronto



- → Transgender Programs
- → Specialized Medical and Related Care
- → Emergency/Crisis Care
- → Gay-Straight Alliances (Gender & Sexuality Alliances)
- → Selected Trans-friendly Faith Communities
- → Advocacy, Education and Research Organizations



# Transgender Programs



#### The 519

the519.org

The 519 is a proud City of Toronto agency committed to the health, happiness and full participation of the 2SLGBTQ+ communities. Trans- related programs and services as of October 2024 include:

- FTM, Transmasc & Non-binary Support Group
- Meal Trans
- ODE: Remembered Voices, a two-spirit indigenous group for youth 16 to 25 years old
- Senior Pride Network
- Gender Affirming Legal Support
- Trans Youth Mentorship Program (TYMP)
- Trans People of Colour Project (TPOC)
- Trans ID clinic
- Transition support

Location	519 Church Street, Toronto ON M4Y 2C9
Contact Info	416-392-6874; info@the519.org
People	Yasmeen Persad, Coordinator, Trans Programs;
	Steph Massey, Manager, Meal Trans

#### Sherbourne Health

#### sherbourne.on.ca

Sherbourne Health offers a wide range of primary healthcare programs and services to Two-Spirit, lesbian, gay, bisexual, trans, queer and non-binary individuals with the goal of providing dignified, non-judgmental services to help clients feel better, cope better with day-to-day challenges and address specific 2SLGBTQ+ health issues. Groups and services as of October 2024 include Gender Journeys; Mature Trans Sisters (MTS); Supporting Our Youth (SOY) groups for queer and trans spectrum youth aged 14 to 29. Primary care providers have specific expertise in addressing the physical, mental and emotional needs of 2SLGBTQ+ people and their families.

Location333 Sherbourne Street, Toronto ON M5A 2S5Contact Info416-324-4103; info@sherbourne.on.ca;<br/>Rainbow Health Ontario 416-324-4100;<br/>SOY Program Coordinator 647-730-3299PeopleNadjib Alamyer, Program Manager, 2SLGBTQ+<br/>communities 416-324-4100

# ę

# Specialized Medical *and* Related Care



#### Women's College Hospital (WCH):

Transition-Related Surgeries <u>womenscollegehospital.ca</u> WCH is **United with Pride**. With a mission for a healthier, more equitable world, WCH is proud to support access to care and treatment for people of all gender identities and sexual orientations. Through WCH's Transition-Related Surgery (TRS) program it provides life affirming care to transgender people across Ontario in hopes of making the transition to their chosen identity seamless.

Location Contact Info 76 Grenville Street, Toronto ON M5S 1B2 transitionrelatedsurgery@wchospital.ca; 416-323-6148



Emergency/Crisis Care



#### **Covenant House**

covenanthousetoronto.ca

Covenant House Toronto is the largest agency in Canada serving youth who are homeless, trafficked or at risk.

Location20 Gerrard Street East, Toronto ON M5B 2P3Contact Info416-598-4898

#### **Distress Centers of Greater Toronto**

24-hour support for those in crisis, at risk for suicide and needing emotional support. Translation services offered.

Distress Line Number 416-408-4357 (GTA); 905-459-7777 (Peel)

#### Friends of Ruby Drop-In Youth Centre friendsofruby.ca

Friends of Ruby supports two-spirit, lesbian, gay, bisexual, transgender, queer, intersex, asexual and all gender nonconforming youth aged 16 to 29 by providing free counselling, housing and social services.

Location489 Queen Street East LL01, Toronto ON M5A 1V1Contact Info416-359-0237; housing@friendsofruby.ca

#### Gerstein Crisis Centre

The Centre provides crisis services that include 24/7 telephone support; in-person mobile crisis team; community support referrals; substance abuse crisis management; follow-up and access to short term crisis beds. All services are free and confidential.

Location100 Charles Street East, Toronto ON M4Y 1V3Crisis Number416-929-5200

#### Hassle Free Clinic

Located in downtown Toronto, the HFC provides free medical and counselling services to trans, two-spirit people and people of trans experiences in many areas of sexual health, including through the Men/Trans and Women/Trans clinics.

Location66 Gerard Street East Ste 200, Toronto ON M5B 1G3Contact Info416-922-0566

#### Kids Help Phone

Always open, KHP provides a safe and trusted place for young people of every age in any moment of crisis or need, including Indigenous young people. It is Canada's only 24/7 e-mental health service offering free, multilingual confidential support to young people.

Help Line Number1-800-668-6868

#### hasslefreeclinic.org

gersteincentre.org

kidshelpphone.ca

dcogt.com

#### LGBT Youth Line

Youth Line is a toll-free Ontario-wide peer support phone line for 2SLGBTQI+ youth. It offers confidential and non-judgmental peer support through text and chat services. Get in touch with a peer support volunteer from Sunday to Friday, 4PM to 9:30PM. Youth Line Number 1-800-268-9688; text 647-694-4275

Mount Sina	i Hospital	mountsinai.on.ca
Location	600 University Avenue, Toronto ON	M5G 1X5
Contact Info	416-596-4200; Emergency Dept. 416-586-5054	
	<b>1</b> 1 / <b>T</b>	

Rainbow Railroad, Toronto

rainbowrailroad.org

The mission of the Rainbow Railroad is to help at risk LGBTQI+ individuals get to safety around the world.

Location	401 Richmond Street West, Ste 360,	
	Toronto, ON M5V 3A8	
Contact Info	info@rainbowrailroad.ca	

St. Joseph's	Health Centre unityhealth.to/st-josephs-health-centre
Location	30 The Queensway, Toronto, ON M6R 1B5
Contact Info	416-530-6000

St. Michael's Hospitalunityhealth.to/locations/st-michaels-hospitalLocation30 Bond Street, Toronto, ON M5B 1W8Contact Info416-360-4000

#### Seniors Safety Line

#### eapon.ca

The SSL is the only 24-hour crisis and support line for seniors in Ontario who have experienced any type of abuse or neglect. Callers receive emotional support, safety planning, information and referrals in over 200 languages. The SSL is a "senior friendly" service with a live counsellor available to help navigate often difficult systems, seven days a week, 365 days a year.

Safety Line Number 1-866-299-1011

#### **Sunshine Centres**

sunshinecentres.com

Sunshine Centres for Seniors serves over 1500 seniors and persons with disabilities. They strongly support cultural diversity and inclusive participation. Seniors from all walks of life are welcome, including seniors from newcomer and racialized communities and those of all ethnic communities, religions, cultures, gender identities, and sexual orientations.

Location8-1033 Pape Avenue East, East York ON M4K 3W1Contact Info416-924-3979; info@sunshinecentres.com

Trans Lifeline Peer Support Hotlinetranslifeline.orgA not-for-profit organization that provides a 24/7 crisis hotline for<br/>transgender people, staffed by transgender volunteer operators.Operators are located all over Canada and the US, subject to<br/>volunteer availability.

Hotline Number 1-877-330-6366 (Canada); 1-877-565-8860 (US)

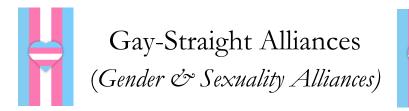
#### YMCA Youth Shelters

ymcagta.org/youth-programs-new/youth-housing

The YMCA has been providing housing and shelter for at-risk youth for decades. Whether it's family problems, trouble with the law, or just being locked out of the house, the Y will help you stay safe and warm, and get you the help that you need. Gender is self-identified, and both the Wagner Green YMCA (shelter) and Sprott House (residence) are trans-positive spaces. **Location** 90 Eglinton Avenue East, Ste 300,

Toronto ON M4P 2Y3 (YMCA offices)

**Contact Info** 416-928-9622



gsanetwork.org

<u>tdsb.on.ca</u>

A Gay- Straight Alliance (GSA) is a student-initiated and studentrun student club. GSAs provide a safe, supportive environment for students of diverse genders and sexualities to meet, discuss sexual orientation and gender identity issues, and form community. Participating students may identify as two-spirit, lesbian, gay, bisexual, trans, queer, questioning, intersex, asexual, pansexual, non-binary (2SLGBTQ+) and many other identities. While each GSA is unique, there is never an expectation that students disclose their sexual or gender identity. For more information, please contact your local school board.

Contact Info Toronto District School Board 416-397-3000



# Trans-Friendly Faith Communities



Anglican churches are marked with an asterisk (\*). For a complete listing of Affirming (United) Churches located within the boundaries of the Anglican Diocese of Toronto, please check affirmunited.ause.ca/ontario. All communities listed offer gender inclusiveness, a safe space and spiritual respect and support, while some provide specific programming.

#### All Saints Church-Community Centre\* allsaintstoronto.com

Sunday service of Holy Communion at 11AM; Wednesday Morning Prayer 8AM. Drop-ins Mon/Tues/Thurs 8:30AM-2:30PM; Wed 10:30AM-3PM

Location315 Dundas Street East, Toronto M5A 2A2Contact Info416-368-7768; admin@allsaintstoronto.com

All Saints P	eterborough*	allsaintspeterborough.org
Location	235 Rubidge Road, Peterbo	rough ON K9J 3N9
Contact Info	705-876-1501; pastor@allsair	ntspeterborough.org
All Saints W	Vhitby*	allsaintswhitby.org
Location	300 Dundas Street West, Wh	nitby ON L1N 2M5
Contact Info	905-668-5101; allsaintswhitb	y@bellnet.ca
Beth David	B'nai Israel Beth Am	bethdavid.com
Location	55 Yeomans Road, Toronto	ON M3H 3J7
Contact Info	416-633-5500; info@bethdav	vid.com
Beth Tikval	h Synagogue	bethtikvahtoronto.org
Inclusive, dive	rse, interfaith community	
Location	3080 Bayview Avenue, Nort	h York ON M2N 5L3
Contact Info	info@bethtikvahtoronto.org	
Beth Tzede	c Congregation	beth-tzedec.org
Location	1700 Bathurst Street, Toronto	o ON M5P 3K3
Contact Info	416-781-3511	
Birchcliff B	Bluffs United Church (Af	firming) <u>bbuc.ca</u>
Location	33 East Road, Scarborough	ON M1N 1Z9
Contact Info		
	ce drop-in for 2SLGBTQ+ olde	r adults; Toby's Place
drop-in for you	416-694-4081; dorothysplace	Au@amail.com
		540@gmail.com
Cathedral C	Church of St. James*	stjamescathedral.ca
Community o	utreach programs; drop-in; h	ealth and foot clinic;
refugee suppo		
Location	106 King Street East, Toronto	
Contact Info	416-364-7865; info@stjamesc	cathedral.ca
Church of the Epiphany and St. Mark, Parkdale*		
		epiphanyandstmark.ca
Location	201 Cowan Avenue, Toront	
Contact Info	416-535-8240; epiphanyand	stmark@gmail.com

#### Church of the Holy Trinity, Guildwood\*

	J J,	
	tri	nityguildwood.org
Location	85 Livingston Road, Toronto ON M1	E1K7
Contact Info	416-261-9503	
Church of	the Incarnation*	cotitoronto.com
Location	15 Clairtrell Road, Toronto ON M2N	5J7
Contact Info	416-221-7516; incarnation@toronto.	anglican.ca
Church of	the Transfiguration* churchofthe	etransfiguration.ca
Location	111 Manor Road East, Toronto,ON N	√4S 1R4
Contact Info	416-489-7798; office@churchofthetr	ansfiguration.ca
Congregation Darchei Noam <u>darcheinoam.ca</u>		
Inclusive, ega	litarian and welcoming Reconstructi	ionist
synagogue		
Location	864 Sheppard Avenue West,	
	North York ON M3H 2T5	
Contact Info	416-638-4783; info@darcheinoam.co	a
Congregati	on Shir Libeynu	<u>shirlibeynu.ca</u>
Toronto's longest running, intentionally LGBTQ+ inclusive		
synagogue		
Location	750 Spadina Ave., #122, Toronto, C	N M5S 2J2
Contact Info	416-465-5488	
Danforth Je	ewish Circle (DJC)	djctoronto.com

Joyous, inclusive, accessible, inspiring, and musicalLocation310 Danforth Ave., Toronto ON M4K 1N6 (home)Contact Info416-580-6303

Holy Bloss	om Temple	<u>holyblossom.org</u>
Location	1950 Bathurst Street, Toronto C	DN M5P 3K9
Contact Info	416-789-3291; templemail@hol	yblossom.org
Ualy Trinit	Trinity Samana)*	1 1

Holy Trinit	y (Trinity Square)*	holytrinitytoronto.org
Location	10 Trinity Square, Toronto ON	NM5G 1B1
Contact Info	416-598-4521	

#### Lansing United Church (Affirming)

49 Bogert Avenue, Toronto ON M2N 1K4 Location Contact Info 416-221-1722; lansingunited@lansingunited.com

#### Metropolitan Community Church in Toronto (MCC)

mcctoronto.com

lansingchurch.com

A welcoming congregation openly affirming lesbian, gay, bisexual, heterosexual and transgender people.

Location 115 Simpson Avenue, Toronto ON M4K 1A1 416-406-MCCT (6228); info@mcctoronto.com Contact Info

#### Manor Road United Church (Affirming)

manorroadunitedchurch.com

Location 240 Manor Road East, Toronto ON M4S 1R8 Contact Info 416-483-0695

#### Masjid al Farooq Islamic Centre masjidfarooq.com 935 Eglinton Ave West, Mississauga ON L5V 1R6 Location Contact Info 905-858-7586 (currently under construction)

#### Metropolitan United Church (Affirming) metunited.org

An Affirming Congregation welcoming everyone, inclusive of age, ethnicity, gender identity, ability and sexual orientation Location 56 Queen Street East, Toronto ON M5C 2Z3 416-363-0331: office@metunited.ca Contact Info

Parroquia San Esteban\*

Worship service in Spanish

Location 10 Trinity Square, Toronto, ON M5G 1B1 647-938-1684; jalesjastesteban@hotmail.com Contact Info Trans-Esteban Group Drop-In: www.trans-anglican.blogspot.ca

#### The Redeemer Toronto\*

The Common Table Drop-in Program is a grassroots community effort run out of the Church of the Redeemer, which relies on volunteers and donors. We are open for both indoor and outside service from Monday to Friday. Indoors, we offer two healthy meals a day, daily toiletry supplies, basic health care

#### theredeemer.ca

sanestebanonline.com

creative activi	ities, psychotherapy, support g	groups and more.
Location	162 Bloor Street West, Toro	nto ON M5S 1M4
Contact Info	416-922-4948	
Roncesvalle	s United Church (Affirming	g) <u>roncesvallesuc.com</u>
A vibrant Chris	stian community with a priority	y on LOVE
Location	214 Wright Ave., Toronto ON	M6R 1L3
Contact Info	416-536-1755; roncesvallesuc	@gmail.com
Sanctuary		sanctuarytoronto.org
We are becor	ning a healthy, welcoming co	ommunity where
people who a	re poor and excluded are pa	rticularly valued.
	ession of the good news embo	odied in Jesus
Christ.		
	25 Charles Street East, Toront	o ON M4Y TR9
	416-922-0628 x210	
St. Aidan's i	in the Beach*	staidansinthebeach.com
	2423 Queen Street East, Toro	
Contact Info	416-691-2222; office@staidar	sinthebeach.com
St. Andrew'	s Presbyterian Church	standrewstoronto.org
	ommunity that welcomes all w	vith open arms
and hearts of I		
	73 Simcoe Street, Toronto ON	
Contact Info	416-593-5600; info@standrews	storonto.org
St. James th	e Apostle, Sharon*	stjamessharon.com
Location	18794 Leslie Street, Sharon Ol	N LOG 1VO
Contact Info	905-478-1959; stjames1959@g	ımail.com
St. Matthias	s, Bellwoods*	aintmatthiasbellwoods.ca
Location	45 Bellwoods Avenue Toronto	D ON M6J 3N4
Contact Info	416-603-6720; saint.matthias@	₽sympatico.ca
St. Peter and	d St. Simon-the-Apostle'	* <u>stpeterstsimon.ca</u>
Location	525 Bloor Street E., Toronto, C	DN M4W 1J1
Contact Info	416-923-8714; office@stpeter	stsimon.ca

services and housing referrals. We also provide social and

#### St Stephen-in-the-Fields\*

Friday Drop-In and Supper 6-10PM; inclusive weekend breakfast programs Saturday and Sunday Location 103 Bellevue Ave Toronto ON M5T 2N8

Contact Info 416-526-5438; ststepheninthefields@amail.com

Trinity-St. Paul's United Church (Affirming) trinitystpauls.ca

Also known as Trinity St. Paul's Centre for Faith, Justice and the Arts

Advocacy, Education and

Location 427 Bloor Street West, Toronto ON M5S 1X7 Contact Info 416-922-8435

# Research Organizations

**The ArQuives (***Canada's* LGBTQ2+ *Archives*) The ArQuives is the largest independent LGBTQ2+ archives in the world, and since 1973 the only LGBTQ2+ archives in Canada with a national scope. The Arguives aspires to be a significant resource and catalyst for those who strive for a future world where LGBTQ2+ people are accepted, valued and celebrated. Its mandate is to acquire, preserve, organize and give public access to information and materials in any medium, by and about LGBTQ2+ people, primarily produced in or concerning Canada, including an international collection of LGBTQ+ periodicals.

Location 34 Isabella Street, Toronto ON M4Y 1N1 Contact Info 416-777-2755; admin@arquives.ca; queeries@arquives.ca

#### Egale Canada

Egale's mission is to improve the lives of 2SLGBTQI people in Canada and to enhance the global response to 2SLGBTQI issues. Egale will achieve this by informing public policy, inspiring cultural

#### arquives.ca

egale.ca



saintstephens.ca

change, and promoting human rights and inclusion through
research, education, awareness and legal advocacy.
Location 120 Carlton Street, Suite 217, Toronto ON M5A 4K2
Contact Info 416-964-7887

#### Eshel Toronto

Eshel's vision is of a world where LBGTQ+ people and their families are full participants in the Orthodox community of their choice through building community, support, education and advocacy.

#### Glad Day Bookshop

Glad Day Bookshop in Toronto is the oldest gay, lesbian, bi, trans and queer bookstore in the world. Serving the LGBTQ+ community since 1970, it offers the widest possible selection of lesbian, gay, bisexual, trans, two-spirit, and queer literature. **Location** 499 Church Street, Toronto ON M4Y 2C6

Location	499 Church Street, Toronto ON M4Y 20
Contact Info	416-901-6600; books@gladday.ca

#### The 519 Legal Advice Clinic

One-time free legal advice consultations.

Location	The 519 Community Centre, 519 Church Street,
	Toronto ON M4Y 2C9
Contact Info	416-392-6874; legalclinic@the519.org

#### Pflag

torontopflag.org

Pflag helps 2SLGBTQ+ people and loved ones connect with resources and find a supportive community. The Pflag Canada network provides peer support, education and advocacy by affirming, respecting and valuing all sexualities, genders and gender expressions. Information below is for Toronto Pflag; find your local chapter on the Pflag Canada website.

Location	200 Wolverleigh Blvd., Toronto ON M4C 1S2
Contact Info	416-406-6378; office@pflagtoronto.org ;
	1-888-530-6777 (Canada); info@pflagcanada.ca

#### gladdaybookshop.com

519 legal

pflagcanada.ca

eshelonline.org

#### 14

#### Senior Pride Network (Toronto) seniorpridenetwork.ca

The Senior Pride Network Toronto is a volunteer-run association of intergenerational individuals, organizations and community groups that share an interest in and commitment to expanding programs and services for older two-spirit, lesbian, gay, bisexual, transgender, transsexual, queer and intersex people in the City of Toronto.

LocationCommunity Centre, 519 Church StreetToronto ON M4Y 2C9Contact Infospntoronto@gmail.com

#### SPRINT LGBTQ

Sprint Senior Care cares for seniors, including LGBTQI+ seniors. It is as an accredited not-for-profit community support services agency. SPRINT offers a wide range of practical and low-cost services to seniors and their caregivers that help seniors stay safe, connected and live as independently as possible.

Location130 Merton Street, Suite 600, Toronto ON M4S 1A4Contact Info416-481-6411; info@sprintseniorcare.org

#### Trans PULSE

<u>transpulsecanada.ca</u>

sprintseniorcare.org

The Trans Pulse Canada team is a large group of community and academic researchers from across Canada. The majority of the team members are themselves trans and others are family and allies. Together they bring more than 180 person-years of experience on more than 80 community-based research studies, many of them in trans health, as well as years of experience working on trans and non-binary advocacy.

Contact Info 1-844-972-6772; info@transpulsecanada.ca

#### Toronto District School Board: Gender-Based Violence Prevention (GBVP)

tdsb.on.ca/About-Us/Innovation/Gender-Based-Violence-Prevention The GBVP staff work to promote healthy relationships and safe environments in schools. Their core function is to prevent and address gender-based violence, homophobia, transphobia, sexual harassment, and inappropriate sexual behaviour in school communities, and they offer social work support to students and families.

Contact Info Ilana.david@tdsb.on.ca

**Toronto Public Library** <u>www.tpl.ca</u> <u>The Pride Collection</u> As of 2024, the Pride Collection is the largest circulating 2SLGBTQ+ collection in Canada, featuring some 4500 adult, teen and children's titles in multiple formats and genres/subjects: history, gender studies, arts, health. A dedicated team of selectors maintains and develops the collection.

Programming is both online and in person, and includes a book club, author talks, story times, movie nights and more. While there are 2SLGBTQ+ materials available at every branch in the city, the most complete collection is held at Yorkville Branch.

Location22 Yorkville Avenue, Toronto ON M4W 1L4Contact Info416-393-7660

Note:

In carrying out their ministry responsibilities, Anglican clergy are strictly limited to providing pastoral care and appropriate referrals.

This document does not include psychiatric services and facilities; nor does it list individual practitioners such as social workers, psychotherapists, medical doctors, or psychiatrists.

Faith communities included here are ones which have actively sought dialogue with the compiler of this document. Additions to the list are warmly welcome! See below for contact information.

Compiled by: **The Rev'd M. Rodrigues**, Honorary Assistant, Church of the Redeemer (Anglican), Toronto senican@sympatico.ca mrodrigues@theredeemer.ca Updated: October 2024

Publication sponsored by:



#### Church of the Redeemer

162 Bloor Street West, Toronto, ON M5S 1M4 www.theredeemer.ca/trans



**Proud Anglicans** Find welcoming Anglican churches across Canada through www.proudanglicans.ca