

# Daily Prayer

*Feria*

*Wednesday, February 12, 2025*

*We enter into a time of quiet. We offer to God our selves and in the silence know that God embraces us as God's very own. We offer our hopes and our concerns through our prayers and in the silence listen for God. Today we hold in our prayers the ordinary moments in life—the trials and the joys. We begin by saying*

O Lord, open our lips.

**And our mouth shall proclaim your praise.**

Your light springs up for the righteous

**and all the peoples have seen your glory.**

## The First Reading

These are the generations of the heavens and the earth when they were created.

In the day that the LORD God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up—for the LORD God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground— then the LORD God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the LORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

*Genesis 2.4b-9, 15-17*

## **The Psalm**

People go forth to their work ♦  
and to their labour until the evening.

There go the ships, and there is that Leviathan ♦  
which you have made to play in the deep.

All of these look to you ♦  
to give them their food in due season.

When you give it them, they gather it; ♦  
you open your hand and they are filled with good.

When you hide your face they are troubled; ♦  
when you take away their breath,  
they die and return again to the dust.

*Psalm 104.25, 28-31*

## **The Gospel Reading**

Then he called the crowd again and said to them, 'Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.'

When he had left the crowd and entered the house, his disciples asked him about the parable. He said to them, 'Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile, since it enters, not the heart but the stomach, and goes out into the sewer?' (Thus he declared all

foods clean.) And he said, 'It is what comes out of a person that defiles. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.'

*Mark 7.14-23*

*In silence, we ask what the readings have to say to us today. Is there something that draws us more deeply into the reading? What does God have to say to us? What do we have to ask God?*

*When the time is right, we conclude our time of silence with the canticle.*

## **The Canticle ~ A Song of the New Jerusalem**

Above you the Holy One arises,

and above you God's glory appears.

Arise, shine out, for your light has come, ♦

the glory of the Lord is rising upon you.

Though night still covers the earth, ♦

and darkness the peoples;

Above you the Holy One arises, ♦

and above you God's glory appears.

The nations will come to your light, ♦

and kings to your dawning brightness.

Your gates will lie open continually, ♦

shut neither by day nor by night.

The sound of violence shall be heard no longer in your

land, ♦

or ruin and devastation within your borders.

You will call your walls, Salvation, ♦

and your gates, Praise.

No more will the sun give you daylight, ♦  
nor moonlight shine upon you;  
But the Lord will be your everlasting light, ♦  
your God will be your splendour.  
For you shall be called the city of God, ♦  
the dwelling of the Holy One of Israel.

*Isaiah 60.1-3,11a,18,19,14b*

*Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.*

Above you the Holy One arises,  
and above you God's glory appears.

*We continue in prayer for those people and situations that we hold up before God and  
continue with the concluding collect, the Lord's prayer and the closing sentences.*

## **The Intercessions**

For the unity of the Church in witness and proclamation of the  
Gospel ...;

let us pray to the Lord.

For the peace and stability of all peoples  
and for the leaders of the nations ...;

let us pray to the Lord.

For places of work, education and leisure ...;

let us pray to the Lord.

For a blessing on our homes;

for our relations and friends and all whom we love ...;

let us pray to the Lord.

For the sick and suffering and all who minister to their needs ...;  
let us pray to the Lord.

Let us commend ourselves, and all for whom we pray,  
to the mercy and protection of God.

*Our prayers conclude*

God of all eternity,  
who sent your Son into the world to bring us salvation,  
show us your mercy,  
that enlightened by his grace  
we may live lives worthy of his example,  
and in the silence discern the still voice of his call,  
through the same Jesus Christ our Lord. Amen.

*[let us pray as our Saviour taught us,]*

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen

*We conclude*

May God, who has called us out of darkness  
into his marvellous light,  
bless us and fill us with peace.

**Amen.**



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