Daily Prayer

St Barnabas the Apostle

Wednesday, 11 June, 2025

We enter into a time of quiet. We offer to God our selves and in the silence know that God embraces us as God's very own. We offer our hopes and our concerns through our prayers and in the silence listen for God. Today we hold in our prayers the ordinary moments in life—the trials and the joys. We begin by saying

O God, make speed to save us.

O Lord, make haste to help us.

Make me to know your ways, O Lord **and teach me your paths.**

The First Reading

Thus says God, the LORD, who created the heavens and stretched them out, who spread out the earth and what comes from it, who gives breath to the people upon it and spirit to those who walk in it: I am the LORD; I have called you in righteousness; I have taken you by the hand and kept you; I have given you as a covenant to the people, a light to the nations, to open the eyes that are blind, to bring out the prisoners from the dungeon, from the prison those who sit in darkness. I am the LORD; that is my name; my glory I give to no other, nor my praise to idols. See, the former things have come to pass,

and new things I now declare; before they spring forth, I tell you of them.

Sing to the LORD a new song, his praise from the end of the earth! Let the sea roar and all that fills it, the coastlands and their inhabitants. Let the desert and its towns lift up their voice, the villages that Kedar inhabits; let the inhabitants of Sela shout for joy; let them shout from the tops of the mountains. Let them give glory to the LORD and declare his praise in the coastlands.

Isaiah 42.5-12

The Psalm

Alleluia.

Blessed are those who fear the Lord ◆ and have great delight in his commandments.

Their descendants will be mighty in the land, a generation of the faithful that will be blest.

Wealth and riches will be in their house, and their righteousness endures for ever.

Light shines in the darkness for the upright; • gracious and full of compassion are the righteous.

It goes well with those who are generous in lending and order their affairs with justice,

For they will never be shaken; \blacklozenge

the righteous will be held in everlasting remembrance.

They will not be afraid of any evil tidings; • their heart is steadfast, trusting in the Lord.

Their heart is sustained and will not fear, until they see the downfall of their foes.

They have given freely to the poor; their righteousness stands fast for ever; their head will be exalted with honour.

The wicked shall see it and be angry; they shall gnash their teeth in despair; • the desire of the wicked shall perish.

Psalm 112

The Gospel Reading

As you go, proclaim the good news, 'The kingdom of heaven has come near.' Cure the sick; raise the dead; cleanse those with a skin disease; cast out demons. You received without payment; give without payment. Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff, for laborers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it, but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgment than for that town.

"I am sending you out like sheep into the midst of wolves, so be wise as serpents and innocent as doves.

Matthew 10.7-16

In silence, we ask what the readings have to say to us today. Is there something that draws us more deeply into the reading? What does God have to say to us? What do we have to ask God?

When the time is right, we conclude our time of silence with the canticle.

The Canticle ~ A Song of Manasseh

- Full of compassion and mercy and love
 is God, the Most High, the Almighty.
 Lord almighty and God of our ancestors,
 you who made heaven and earth in all their glory:
 All things tremble with awe at your presence,
 before your great and mighty power.
 Immeasurable and unsearchable is your promised mercy,
 for you are God, Most High.
 You are full of compassion long-suffering and very merciful
- You are full of compassion, long-suffering and very merciful, and you relent at human suffering.
- O God, according to your great goodness, you have promised forgiveness for repentance to those who have sinned against you.
- The sins I have committed against you ◆ are more in number than the sands of the sea.
- I am not worthy to look up to the height of heaven, because of the multitude of my iniquities.
- And now I bend the knee of my heart before you, imploring your kindness upon me.
- I have sinned, O God, I have sinned, and I acknowledge my transgressions.
- Unworthy as I am, you will save me, according to your great mercy.

For all the host of heaven sings your praise, and your glory is for ever and ever.

Manasseh 1a,2,4,6,7a,b,9a,c,11,12,14b,15b

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Full of compassion and mercy and love is God, the Most High, the Almighty.

We continue in prayer for those people and situations that we hold up before God and continue with the concluding collect, the Lord's prayer and the closing sentences.

The Intercessions

We pray to Jesus who is present with us to eternity. Jesus, light of the world, bring the light and peace of your gospel to the nations ... Jesus, Lord of life,

in your mercy, hear us.

Jesus, bread of life, give food to the hungry ... and nourish us all with your word. Jesus, Lord of life,

in your mercy, hear us.

Jesus, our way, our truth, our life, be with us and all who follow you in the way ... Deepen our appreciation of your truth and fill us with your life. Jesus, Lord of life,

in your mercy, hear us.

Jesus, Good Shepherd who gave your life for the sheep, recover the straggler, bind up the injured, strengthen the sick and lead the healthy and strong to new pastures. Jesus, Lord of life, **in your mercy, hear us.**

Jesus, the resurrection and the life, we give you thanks for all who have lived and believed in you ... Raise us with them to eternal life. Jesus, Lord of life, **in your mercy, hear us,**

accept our prayers, and be with us always.

Amen.

Our prayers conclude

Merciful God, help us to follow the example of your faithful servant Barnabas, who, seeking not his own renown but the well-being of your Church, gave generously of his life and substance for the relief of the poor and the spread of the gospel; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

[let us pray as our Saviour taught us,]

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen

We conclude

May God grant to the world justice, truth and peace.

Amen.

St Barnabas the Apostle

Holy Day

There were twelve apostles, and then some — some others who never belonged to the original companions of Jesus, but who were also called apostles because they were "sent forth" to proclaim the gospel. Saint Paul was one of these others; so was the man we honour today, the apostle named Barnabas.

The Book of Acts says that he was a Jew born in Cyprus, but that he was living in Jerusalem when he joined "the company of those who believed in Jesus." His real name was Joseph; the apostles called him Barnabas, or "Son of encouragement," because "he sold a field which belonged to him and laid the proceeds at the apostles' feet." By this act Barnabas encouraged the rest of the disciples to provide for the good of the whole community.

According to the Book of Acts, Barnabas was the one who introduced Paul to the twelve apostles. Later on he moved to Antioch and sent for Paul to help him lead the Church in that city. From there Paul and Barnabas set out on a great missionary journey through the cities of Asia Minor and Greece. The two men had a falling-out over Mark, who wanted to abandon the mission. Barnabas returned to Cyprus with Mark, and Paul went his separate way.

Paul himself mentioned Barnabas several times in his Letters, which suggest that he, not Barnabas, was the senior colleague. Paul also gave a more serious reason for their parting company. It happened at Antioch, when Peter went back on his promise to treat pagan converts as equal with Jewish converts. In the acrimonious debate which followed Barnabas separated from Paul and sided with Peter.

We do not know whether Paul and Barnabas were ever reconciled; an ancient tradition testifies only that Barnabas spent the rest of his days preaching in Cyprus.

Credits:

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