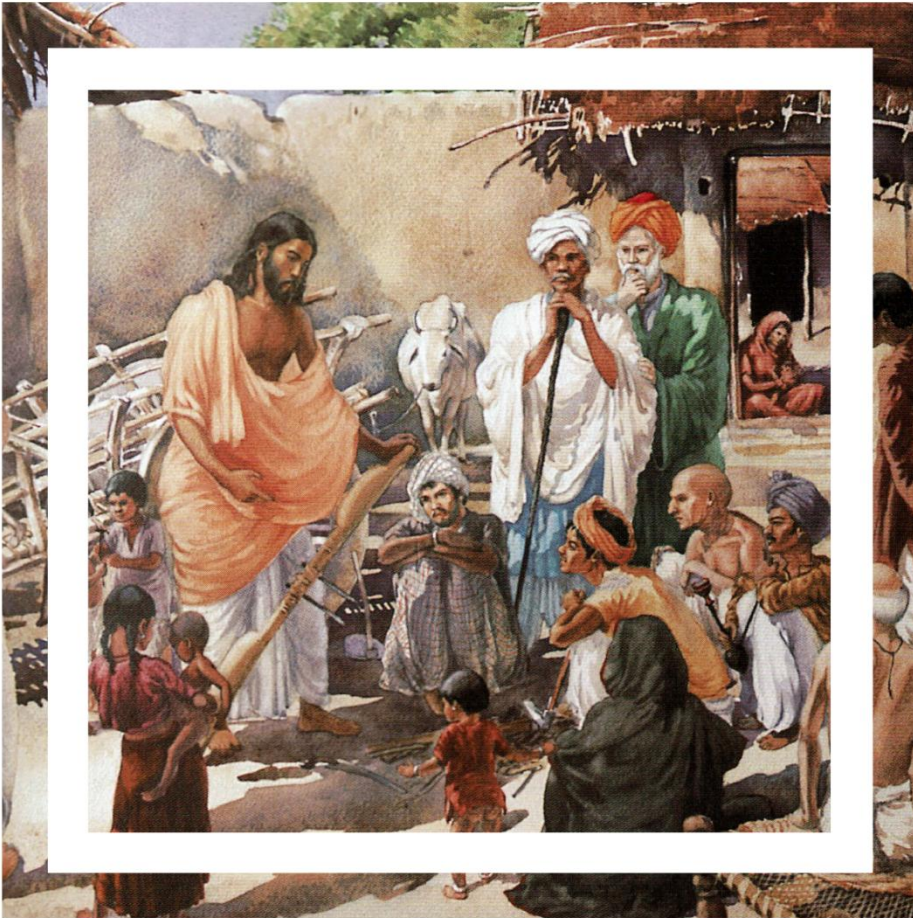


Proper 14A
Spiritual Communion
Sunday, July 5, 2026 at 9 AM
Church of the Redeemer

162 Bloor St. West, Toronto, ON M5S 1M4
office@theredeemer.ca • Tel: (416) 922 4948 • www.theredeemer.ca



OUR VISION

Becoming the Body of Christ at the corner of Bloor & Avenue Road and beyond

Guided by commitment to our shared values, we seek to become the body of Christ, nurturing a lively faith, a persistent hope, and an ever-expanding love for God's world.

We seek to – open our doors and hearts, embracing all who seek a sacred space. We offer worship in many forms, touching the hearts of those yearning for spiritual connection, in-person or online.

We seek to – listen deeply, hearing the stories of Jesus and of one another with open minds and hearts. Through faithful questioning, reflection, and shared learning, we grow together in wisdom and grace.

We seek to – serve with generous hospitality, gathering at the table with our physical and spiritual hunger. We walk alongside one another with compassion in the seasons and conditions of life, sharing our needs and thanks.

We seek to – embody Jesus' teachings that all people are God's children, worthy of love, and that all of creation is interconnected. Where structures or attitudes threaten or diminish, we advocate for justice, peace, equity and ecological responsibility.

We seek to – reach out in-person and virtually to the world around us. We dare to love in word and action so that others see something of God in their midst.

OUR VALUES

Compassion: meeting every soul with tenderness and dignity

Openness: welcoming questions, embracing differences, and following the movement of the Spirit

Respect: honouring each person's unique story and gifts, and the inherent worth of all Creation

Inclusion: making room for all to enter, find a place, and participate fully

Stewardship: nurturing respect for our resources and partnerships for long-term vitality



Christ has no body now but ours, no hands, no feet on earth but ours. Ours are the eyes with which he looks compassionately on this world. Ours are the feet with which he walks to do good, Ours are the hands, with which he blesses all the world.

Teresa of Avila (Adapted)

WELCOME TO THE CHURCH OF THE REDEEMER!

Who We Are

We are followers of Jesus: children, young adults, families, and seniors who come from a variety of backgrounds. We are long-time members and newcomers; people of deep faith and those still searching; people shaped by many traditions—and sometimes seeking a deeper sense of faith and community. We are not limited by ability, age, economic status, ethnicity, gender identity, personal history or sexual orientation.

Where We Stand

Dwelling on the traditional lands of the Wendat, Haudenosaunee, and Mississauga of the Credit First Nation, Church of the Redeemer stands at the crossroads, physical and virtual—of neighbourhoods and nations, of government, education, arts, culture, and commerce—in the heart of Toronto.

From this place we seek to live into our identity as the body of Christ: living our faith, offering hope, and sharing love for God's world.

If you would like to stay up to date with our news and events, please feel free to subscribe to our eNewsletter by going to <https://theredeemer.ca/post-17524>.

theredeemer.ca

[instagram.com/TheRedeemerTO](https://www.instagram.com/TheRedeemerTO)

[facebook.com/TheRedeemerTO](https://www.facebook.com/TheRedeemerTO)

Presider: Liska Stefko

Welcome

Land Acknowledgement



Your support of the ministries of the Church of the Redeemer allows us to be witnesses to God's love on our corner of Bloor Street and Avenue Road. Donations can be made through the QR code. Thank you for your gift and for joining in worship today.

Opening Hymn: #508 (Common Praise) "I Heard the Voice of Jesus Say"

Led by Redeemer Music Team



1. I heard the voice of Je - sus say, "Come un - to me and
2. I heard the voice of Je - sus say, "Be - hold, I free - ly
3. I heard the voice of Je - sus say, "I am this dark world's
rest; lay down, thou wea - ry one, lay down thy
give the liv - ing wa - ter; thirs - ty one, stoop
light; look un - to me, thy morn shall rise, and
head up - on my breast." I came to Je - sus as I was, so
down and drink and live." I came to Je - sus and I drank of
all thy day be bright." I looked to Je - sus and I found in
wea - ry, worn, and sad; I found in him a
that life - giv - ing stream; my thirst was quenched, my
him my star, my sun; and in that light of
rest - ing place, and he has made me glad.
soul re - vived, and now I live in him.
life I'll walk till trav - elling days are done.

Text: Horatius Bonar (1808-1889). Music: KINGSFOLD. Melody English trad.; coll. Lucy Broadwood (1858-1929);
adapt and harm. Ralph Vaughan Williams (1872-1958). Harm. © Oxford University Press.

✠ The Gathering of the Community

Liska Stefko

Priest: The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

All: **And also with you.**

The Collect of the Day

Liska Stefko

Priest: God of heaven and earth,
you reveal your wisdom to the childlike;
may we learn from your Son humility of heart,
so that we find refreshment and rest
even as we shoulder the cross of Christ;
who, with you and the Holy Spirit,
lives and reigns, one God, now and for ever.

All: Amen.

✠ Proclamation of the Word

First Reading:

Henry Krol

Reader: A Reading from the Book of Genesis.

So Isaac said, "I am Abraham's servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old, and he has given him all that he has. My master made me swear, saying, 'You shall not take a wife for my son from the daughters of the Canaanites in whose land I live, but you shall go to my father's house, to my kindred, and get a wife for my son.' "I came today to the spring and said, 'O Lord, God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, "Please give me a little water from your jar to drink, and who will say to me, "Drink, and I will draw for your camels also" -let her be the woman whom the LORD has appointed for my master's son.' "Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder, and she went down to the spring and drew. I said to her, 'Please let me drink.' She quickly let down her jar from her shoulder and said, 'Drink, and I will also water your camels.' So I drank, and she also watered the camels. Then I asked her, 'Whose daughter are you?' She said, 'The daughter of Bethuel, Nahor's son, whom Milcah bore to him.'

So I put the ring on her nose and the bracelets on her arms. Then I bowed my head and worshiped the LORD and blessed the LORD, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son.

Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left." And they called Rebekah and said to her, "Will you go with this man?" She said, "I will." So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, "May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes." Then Rebekah and her maids rose up, mounted the camels, and followed the man, and the servant took Rebekah, and went his way. Now Isaac had come from Beer-lahai-roi and was settled in the Negeb. Isaac went out in the evening to walk in the field, and, looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel and said to the servant, "Who is the man over there, walking in the field to meet us?" The servant said, "It is my master." So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife, and he loved her. So Isaac was comforted after his mother's death.

Reader: Hear what the Spirit is saying to the Church.

Genesis 24.34-38, 42-49, 58-67

All: **Thanks be to God.**

A moment of silence is observed

Psalm 145.8-14 (George Black)

Led by Redeemer Music Team

Refrain

God, you o - pen wide your hand to feed all liv - ing things.

God is gracious and full of compassion,
 slow to anger and of great kindness.
 You, O God are loving to everyone
 your compassion is over all your works. **Refrain**

All your works praise you, O God,
 and your faithful servants bless you.
 They make known the glory of your majesty
 and speak of your power; **Refrain**

That the peoples may know of your power
and the glorious splendor of your majesty.
Your reign is everlasting
your dominion endures throughout all ages. **Refrain**

You, O God, are faithful in all your words
and merciful in all your deeds.
You uphold all those who fall;
and lift up those who are bowed down. **Refrain**

Gospel Acclamation

The Gospel

Liska Stefko

Priest: The Lord be with you.

All: **And also with you.**

Priest: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: **Glory to you, Lord Jesus Christ.**

Jesus said, "But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' "For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. "Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Priest: The Gospel of Christ.

Matthew 11.16-19, 25-30

All: **Praise to you, Lord Jesus Christ.**

Homily: Liska Stefko

A moment of silence is observed.

Prayers of the People

Deb Hinton

Leader: Let us pray: Loving God, as we gather together and open our hearts to you; speak to us. Enable us to listen to your voice and lay down our burdens at your feet. Draw us close that we may discern your will for our lives, and follow you faithfully, step by step, day by day.

A silence is observed. Please add your prayers silently or aloud.

Leader: God our guide,
All: we turn to you.

Leader: Circle us, Lord. Keep darkness out, keep light within. Keep hatred out, keep love within. Guide and protect the leaders of this nation, and every nation. Equip them for the work set before them in the days ahead. May our nation which has been so blessed, become a beacon of hope and welcome to the world.

A silence is observed. Please add your prayers silently or aloud.

Leader: God our guide,
All: we turn to you.

Leader: God of truth and justice, hear our prayer for all who suffer, and especially for those who suffer because of oppression, cruelty, bigotry and hatred. Remember for good all the victims of war, calamity and violence. Inspire us and all who hear your voice to bring food, shelter, medicine, clean water and help to those who are in need.

A silence is observed. Please add your prayers silently or aloud.

Leader: God our guide,
All: we turn to you.

Leader: Crucified Saviour, you knew pain; you knew the loneliness, the weakness and the despair it brings. Bring your loving and healing touch to all who suffer illness in body, mind or spirit.

A silence is observed. Please add your prayers silently or aloud.

Leader: God our guide,
All: we turn to you.

Leader: God of compassion, we remember the grief of those who stood at the cross. We commend to you those who have died, and those who grieve their loss. Lead us beyond our fear of death to the joyful knowledge of eternal life.

Leader: God our guide,
All: **we turn to you.**

Leader: God our guide, your light shows us the path we should walk and your love sustains us on the journey. Be with us in the pilgrimage of our lives, that in moments of loneliness we would know your presence, in moments of uncertainty we would know your direction and in moments of pain we would know your peace, through the one who came to walk alongside us as our friend, even Jesus Christ our Lord. **Amen.**

The Peace

Liska Stefko

Priest: The peace of the Lord be always with you.

All: **And also with you.**

Offertory Hymn: “Jesus, You Have Truly Called Us”

Led by Redeemer Music Team



1. Je-sus, you have tru - ly called us. Still, to - day, we hear your
2. Je-sus, save us from poor choic - es. Ha - tred, run - ning like a
3. Je-sus, save us from our weak - ness, from de - ceit and from de -



voice. Lead us on - ward, lead us up - ward, till all peo - ple can re -
thread through the fab - ric of our his - tr'y, mars our faith and leaves us
spair. Move us on to new cre - a - tion in a world that's free and



joyce.
dead. Meet us in our time of tri - al, fill us with your Spir-it's
fair.



power. As we stand be - fore op - pres-sion, give us cour-age for this hour.

The Lord's Prayer

Liska Stefko

Priest: As our Saviour taught us, let us pray:

All: **Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

The Giving and Receiving of Communion

Liska Stefko

Priest: Dear friends, I invite you in this moment, wherever you may be,
to receive Christ, in communion with the saints,
and the gathering of God's people, unseen and yet present with us now.

*For those of us participating at home, it is a strange experience to be invited to Communion
– not through the physical bread and wine we can touch and taste –
but a Spiritual Communion with the God who comes to meet us wherever we are.*

*There are no special words or prayers for this, all the Church has ever thought necessary is genuine true
desire, lively faith, and genuine love. Come honestly before God the way you know how.
You may wish to pray quietly this prayer to help you:*

One: O Christ,
I believe that you are truly present in the Blessed Sacrament of the Altar.
I desire to offer you praise and thanksgiving as I proclaim your resurrection.
I love you above all things, and long for you in my soul.
Since I cannot receive you in the Sacrament of your Body and Blood,
come spiritually into my heart.
Cleanse and strengthen me with your grace, Lord Jesus,
and let me never be separated from you.
May I live in you, and you in me, in this life and in the life to come. Amen.

The Doxology

Liska Stefko

Priest: Glory to God,

All: **whose power working in us can do infinitely more than we can ask or
imagine. Glory to God from generation to generation,
in the Church and in Christ Jesus for ever and ever. Amen.**

Concluding Hymn: #87 (Common Praise) “Strengthen for Service, Lord”

Led by Redeemer Music Team

1. Strength - en for ser - vice, Lord, the hands that
2. Lord, may the tongues that “Ho - ly” sang keep
3. The feet that tread thy ho - ly courts from

ho - ly things have ta - ken; let ears that now have
free from all de - ceiv - ing; the eyes which saw thy
light do thou not ban - ish; the bod - ies by thy

heard thy songs to clam - our nev - er wak - en.
love be bright, thy bless - ed hope per - ceiv - ing.
bod - y fed with thy new life re - plen - ish.

Text: The Liturgy of Malabar; tr. Charles W. Humphreys (1840-1921). Adapt. Percy Dearmer (1867-1936). Tr. and adapt. © Oxford University Press.
Music: ACH GOTT UND HERR. Melody Neu-Leipziger Gesangbuch, 1682; adapt. and harm. Johann Sebastian Bach (1685-1750).

Dismissal

Liska Stefko

Priest: Go forth in the name of Christ!

All: **Thanks be to God. Alleluia!**

FURTHER CREDITS FOR THIS BULLETIN

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Prayers of the People from Judy Burnham.

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WORSHIP WITH US

Sunday July 5 (Proper 14A)

4:00 PM – Be Still (in the Church and through YouTube)

8:00 PM – Compline (on Zoom only)

Wednesday July 8

12:00 PM – Mid-week Eucharist (in the Church)

Sunday July 19 (Proper 15A)

9:00 AM – Spiritual Communion (on Zoom only)

10:30 AM – Holy Eucharist (in the Church and through YouTube)

4:00 PM – Be Still (in the Church and through YouTube)

8:00 PM – Compline (on Zoom only)

CHURCH OF THE REDEEMER LEADERSHIP

Pastoral Staff

Incumbent: Steven Mackison
Associate Priest: Liska Stefko
Children, Youth & Family Minister: Lor Maroney
Honorary Assistants: Jim Boyles, Susan Haig, Ann Jervis, Renata Kok, Paul MacLean, Margaret Rodrigues, Paul G. Walker, Katy Waugh, Andrew Wesley
Theological Intern: Bianca Mathews

Program Staff

Director of Music: Dan Norman
Assistant Director of Music: Mike Daley
Musician-in-Residence: Jill Daley

Common Table Staff & Leads

Director: Tom More
Outreach Worker: Jim Willis
Volunteer & Kitchen Coordinator: Beverley Galandzy
Kitchen Coordinator: Natalie Buyniak
Counsellors: Jane Brushey-Martin, Francis Martin

Ministry Support

Administrative Assistant: Brianna Davies
Bookkeeper & IT Support: Nasir Qamar
Facilities Manager: Craig Martin
Communications: Ann Cope
AV & Sound Tech: Morgan
Duty Custodian: Lloyd Simangan

Members of Diocesan Synod

Wesley Acheampong, Chris Ambidge, Peter Bennett, Lyn Sibley, Karen Visser, Richard Van Delft (alternate)

Board of Management

Chair: Carol Scovil
Vice-Chair: Laura Boast
Advisory Board Chair: Henry Krol
Property: Susan Graham Walker
Stewardship: Ron Waldie
Finance: James Newman
HR: Wesley Acheampong
At Large: Jonathan Batty, Sheila Crummey

Advisory Board

Chair: Henry Krol
Vice-Chair: Susanne Hunter
Board of Management Chair: Carol Scovil
Creation Matters: Grant Jahnke, Andrew Scorer
ISWG: Stephen Allen
Redeemer Explorers: David Townsend, Deb Deacon
At Large: Christina Chang, Mark Ebdon, Louise Greig, Deb Hinton, Scott MacLeod, Dawn Lee, Alanna Zоргdrager, Salome Pinto

Redeemer Ministry Leads

Accessibility Advocate: Carol Scovil
Archives: Nancy Luno
Catechesis: Georgi Georgievski
Creation Matters: Grant Jahnke, Andrew Scorer
Hospitality: Tony Crosbie
Human Resources: Tim Hadwen
Indigenous Solidarity Working Group: Stephen Allen
Liturgy Animator: Ann Cope
Martha League: Richard Van Delft
Meditation Group: Lilian Junkin
Pastoral Care: Tony Crosbie
Property: Susan Graham Walker
Redeemer Explorers: David Townsend, Deb Deacon
Redeemer Pilgrims: Susan Haig
Refugee Settlement: Alison Colvin, Henry Krol
Stewardship: Ron Waldie
Trans Ministry: Margaret Rodrigues
Young Adults: Shirley Park
Zoom Moderators: Anne Lee

If you spot any errors or omissions, or to find out more about our ministry areas, please contact us: office@theredeemer.ca