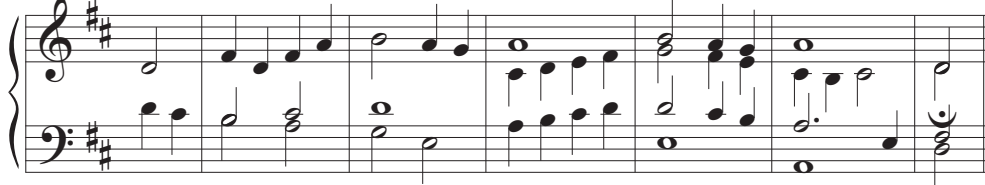


Psalm 30

George Black

Introduction. Cantor sings refrain. All repeat refrain. Cantor sings verses. All sing refrain after each group of verses. In the psalm-tone the singer leaves the reciting note on the underlined word or syllable.

Introduction



Unison

God, you have brought me up from the dead.

(1) I will exalt you, O God, because you have lifted me up;

(2) and have not let my enemies triumph over me.

(1) O my God, I cried out to you,

(2) and you restored me to health.

(3) You brought me up, O God, from the dead;

(4) you restored my life

as when I was going down to the grave. **R.**

(1) "What profit is there in my blood, if I go down to the Pit?"

(2) Will the dust praise you or declare your faithfulness?

(3) Hear, O God, and have mercy upon me;

(4) O God, be my helper. **R.**

(1) Sing to the Most High, all you servants;

(2) give thanks for the remembrance of God's holiness.

(3) For wrath endures but the twinkling of an eye,
but favour for a lifetime.

(4) Weeping may spend the night,

but joy comes in the morning. **R.**

(1) You have turned my wailing into dancing;

(2) you have put of my sack-cloth and clothed me with joy.

(3) Therefore my heart sings to you without ceasing;

(4) O God, I will give you thanks for ever. **R.**

(1) While I felt secure, I said, "I shall never be disturbed."

(1) You, God, with your favour,

made me as strong as the mountains."

(2) Then you hid your face, and I was filled with fear.

(3) I cried to you, O God;

(4) I pleaded with you and said. **R.**